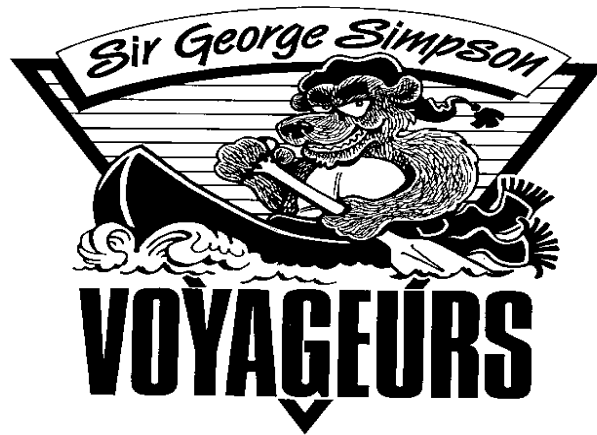


OPTIONS 2022-2023

ÉCOLE SIR GEORGE SIMPSON SCHOOL
St. Albert Public Schools



OPEN HOUSE APRIL 13, 2022
7:00 pm – 8:00 pm

sgs.spschools.org

 [sgsjh](https://www.facebook.com/sgsjh)  [@sgsjh](https://twitter.com/sgsjh)

Spirit **growth**
Success

WELCOME TO SIR GEORGE SIMPSON!

The uniqueness and strength of our school lies in the programs offered. Our school houses English, French Immersion and Late French Immersion, Knowledge & Employability, Learning Assistance, Opportunity, Academic Challenge, and Behaviour Improvement. While learning in their different programs, all students rally around our school motto "Spirit, Growth, Success".

Spirit

Courage, determination, enthusiasm, sharing, respect of self and others; this is SGS spirit. At Sir George Simpson School, spirit is celebrated and promoted as an important component of our character education program.

Growth

Growth is the process of becoming the very best you can be. At Sir George Simpson, we provide growth through a wide range of educational and recreational activities.

Success

At Sir George Simpson, we recognize that all students can experience success. Every single student is talented in his or her own way. We celebrate personal and collective success in all areas: academic, sports, extra-curricular, literacy and music.

Randy Roszell - Principal

Christie Jensen – Assistant Principal

Michelle Lutic – Special Needs Lead Teacher

Our Programs of Education

We are proud of our tradition of excellence in the academics, fine arts, career and technology studies, and athletics. A very important part of each student's timetable is devoted to instruction in all core subjects: English Language Arts, Mathematics, Science, Social Studies, and, for the French Immersion students, French Language Arts. In an effort to provide a well-rounded education and to build on student interest, we also offer a broad and diverse selection of options from which our students may choose.

Physical Education Program Overview

The aim of the physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. Using a variety of activities and learning experiences, physical education strives to develop the whole being and promote personal development through four general outcomes:

- **Activity:** Acquire skills through a variety of developmentally appropriate movement activities, dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics, and outdoor pursuits.
- **Benefits Health:** Understand experience and appreciate the health benefits that result from physical activity.
- **Cooperation:** Interact positively with others.
- **Do it Daily for Life:** Assume responsibility to lead an active way of life.
Some activities may include: Cross Country Running, Fitness, Volleyball, Soccer, Lacrosse, Flag Football, Stuntnastics, Dance, Basketball, Badminton, Indoor Games, Track & Field, Wall Climbing, Archery, Outdoor Games, and Swimming.
- **Assessment:** Students will be evaluated on attitude, effort, participation, skills, change out for class and knowledge.



Academic Coaching – Grade 8 & 9



The primary focus of this option is to assist students with their core subjects, particularly in Mathematics and Language Arts. This course is intended to allow students to effectively complete assignments and receive small group and individual assistance. Students will also develop skills such as time management and organization of their school materials, binders, and lockers, as well as test-writing and note-taking skills. Motivation is key for success in this class.

Art



Watercolours, pen and ink, pastels, printmaking, collage, Gelli plates, alcohol inks, acrylics, scratch art, prismacolours and more... this course will introduce students to the vast number of media available, and how to combine them to create beautiful works of art. Non-traditional art materials will be explored as well in order to create 3D masterpieces. Students will be introduced to some of the art masters, ranging from Leonardo da Vinci to Tim Burton, as well as challenged to create art connecting to story and music. No art experience is necessary to be successful in this course - just a desire to be creative while having fun.

Band (Full Year)



Be part of an exciting team; learn to play an instrument and read music – JOIN THE BAND! At the Grade Seven level you will choose an instrument – Flute, Clarinet, Saxophone, Trumpet, French Horn, Trombone, Baritone, Tuba or Percussion and begin the experience. In Grade Eight and Nine you will become a member of the Showcase Band of the music program. During the year we perform many concerts which may include:

- Our annual Christmas Concert, Alberta Band Association Festival and Spring Concert
- Performances for various elementary audiences in St. Albert in March
- Open House at Sir George Simpson in April
- Music Camp – a two-day camp at Lake Nakamun for all grades
- Our annual Music Tour, which alternates every year between Alberta and British Columbia at the beginning of May.
- Connect with and workshop with many professional musicians at the University of Alberta

Drama – Grade 7 & 8



Drama 7 and 8 are both fun skill-based courses designed to stimulate the imagination, and to encourage personal growth. Through the instruction of *Movement*, *Speech*, *Improvisation*, and *Theatre Studies* students will learn how to be perceptive viewers, poised speakers, and discerning listeners. Students acquire skills in both the off-stage and on-stage process of performance, and in doing so discover in themselves: responsibility, leadership, patience, and confidence. No prerequisite is required to register other than a keen interest and a willingness to participate and try new things. Students are expected to be able to work as individuals and with other group members.

Play Production (Drama) 9 (Full Year)



Play Production 9 is a special course designed to provide students with the chance to challenge themselves in the area of play creation. Students will learn what it means to audition, prepare, and perform a play. The course runs throughout the regular school day, with the students presenting their final product in May, performing matinee and evening shows. The experience involves self-motivation and commitment while students take direction in blocking, line memorization, and acting technique, all with the ultimate reward of being a part of an amazing final production!

Fit for Life



The goal of this option is to encourage students to develop a lifelong interest and active involvement in creating and maintaining a healthy lifestyle. The course involves both a high level of activity and theory. Students will participate in a variety of activities which develops an understanding of cardiorespiratory endurance, flexibility, muscular endurance, power and strength. Aerobic activity, weight circuits, golf, curling, foam rolling, yoga, spin, and outdoor games, indoor games, swimming, skating, skiing, TRX, Bosu, Bender ball and indoor climbing are just some of the activities students can expect to participate in. A set user fee for trips will be collected at the start of the school year.

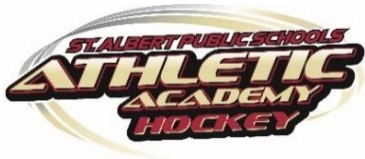


Foods and Fashion Studies



Students will complete one foods studies module and one fashion (sewing) module. Students will enjoy preparing a variety of recipes for appetizers, breakfasts, lunches, dinners and baked goods, while they develop the basic skills and habits for cooking and making healthy food choices. **Please note: Some dietary requirements will not always be able to be accommodated.** During the fashion portion of the program, students will learn basic sewing skills, as well as how to safely operate sewing and pressing equipment. Students are responsible for purchasing their own supplies for sewing projects and will be able to take all projects home upon completion.

Hockey Academy (French Immersion students only) (Full Year)



Our French Immersion students are invited to attend the Hockey Academy offered by W.D. Cuts. Students will have on-ice practices twice a week. Transportation from the school to the arena is provided within school hours. Find out more and register at https://www.spschools.org/programs/athleticacademy/hockey_academy.

**Students attending Special Needs programs at SGS will also be considered for the Hockey Academy.*

Registration Fee: \$240.00 (non-refundable)

Monthly Fee: \$160.00 (Sept – May)

Industrial Arts



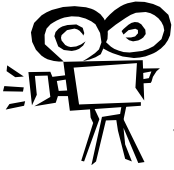
The Industrial Arts option gives students the opportunity to choose from three modules. **Graphic Design:** Students will learn the basics of 3-D printing, vector drawing and 2-D CNC. **Plastics:** Students will layout, cut, shape, form, and assemble projects made of plastic. **Woods:** Students will design, layout, cut, assemble, and finish projects using a variety of hand and power tools. Each student is assessed to see what level they should start at.

Leadership – Grade 9



The leadership option is an opportunity for students to serve the school and community. In addition to several fun-filled activities such as dances and other student-initiated activities, students will be called to lead the school in service projects and other endeavours related to social justice, human rights and character development.

Multimedia Studies



Multimedia is an exciting, technology rich option that exposes students to a variety of media applications. Students are taught concepts related to photography, video production, editing, 3-D design, website building, coding and podcasting – to name a few!. Students work on their projects at their own pace, choosing to do so collaboratively or individually. Multimedia students are also the photographers for school events, with their photos appearing on the student website and in the yearbook! Creativity, experimentation and cooperation are strongly encouraged.

Outdoor Education



Are you a true Voyageur? Are you ready for an adventure? Welcome to the wilderness!!! In the spirit of our Voyageurs tradition, students in this option will have the opportunity to learn about hiking, canoeing, environment awareness, animal identification, survival, and several other exciting skills. Canoeing expeditions and overnight camping trips are also part of the program. A set user fee for trips will be collected at the start of the school year.

Outdoor Pursuits



The aim of the Outdoor Pursuits course is to develop the knowledge, skills and positive attitudes of individuals, so that they will be self-confident, capable and committed to setting goals, making informed choices in preparation for lifelong educational experiences. The option is both classroom and activity based. Individuals must be willing to take part in group activities and in individual indoor and outdoor activities in a variety of settings. Some of the activities that may be offered include the following: soccer; broomball; x-country skiing; ringette; flag football; archery; co-operative games; sports climbing, field lacrosse, etc.

Yoga



Yoga, a life-changing option! The goal of this option is to develop a yoga practice that encourages students to shut out the many stimulants that surround them and learn to listen to their own bodies for guidance. Yoga promotes healthier lifestyles and better decision making for students in this transitional age. Yoga will be kept as a fun activity while stimulating many learning styles and providing time for quiet breathing, self-reflection, muscle strengthening and balance amid a fast paced and sometimes stressful world. Along with the practical portion of YOGA, students will also participate in other fitness-related activities that will help prepare them for their journey. Students are expected to purchase their own yoga mat.

PLEASE NOTE: Option Selections will not be processed until
REGISTRATION IS COMPLETED ON-LINE

New Students – see Registration link on SGS Website

<https://sgs.spschools.org/information/registration>

Returning Students (those already attending a St. Albert Public School) –

**Register through the PowerSchool Parent Portal on a computer or tablet
under Returning Student Registration 2022-2023**

SCHOOL FEES

School fee invoices are sent out in late September/early October once the students are set in their options.

The student activity fee includes all curricular field trips, guest speakers, author visits and workshops. Option fees and extra-curricular field trips are not included in this assessment.

Grade 7 Student Activities Fee	\$ 60.00
Grade 8 Student Activities Fee	\$ 60.00
Grade 9 Student Activities Fee	\$ 60.00
Life Skills and PACE Student Field Trip Fee	\$ 20.00

<u>OPTION FEES</u> (Estimated)	Grade 7 & 8		Grade 9
	Semester Fee	Yearly Fee	Yearly Fee
Art	\$ 20.00	---	\$ 35.00
Band	---	\$ 50.00	\$ 50.00
Drama 7 & 8 <i>Field trip fee*</i>	\$ 20.00	---	N/A
Fit for Life <i>Field trip fee</i>	\$ 55.00	---	\$110.00
Foods and Fashion	\$ 50.00	---	\$100.00
Hockey Academy (French Immersion students only)	---	\$1680.00 **	\$1680.00 **
Industrial Arts	\$ 40.00	---	\$ 60.00
Leadership 9 <i>Field trip fee*</i>	N/A	N/A	\$ 20.00
Multimedia Studies	\$ 30.00	---	\$ 40.00
Outdoor Education <i>Field trip fee</i>	\$150.00 (Gr. 7) \$175.00 (Gr. 8)	---	\$200.00
Play Production 9 <i>Field trip fee*</i>	N/A	N/A	\$ 20.00
Yoga <i>Field trip fee*</i>	\$ 20.00	---	\$ 20.00

* \$20 fee only charged when field trip is scheduled
(Drama, Leadership, Play Production, Yoga)

** \$240 registration fee (non-refundable) plus
9 monthly payments of \$160

