



MSD of Shakamak

Letter from the Nurse's Office

August 26, 2020

Parents/Guardians:

As you know, the times we are currently living in are rapidly changing. As the school nurse, it is my responsibility to communicate those changes with you. Recently, the Center for Disease Control (CDC) and the Indiana State Health Department (ISHD) have updated their guidance and protocols in response to COVID-19. The Greene County Health Department (GCHD) has provided us with updates in regards to quarantine and close contact. We will follow these changes effective immediately.

1. **Who needs to quarantine?**

Anyone with symptoms of COVID-19 who does NOT get tested are still isolated; therefore, anyone in that household (including siblings) are considered close contacts and must quarantine.

Anyone who has been in close contact with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months.

Anyone who has tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

2. **Who does not need to quarantine?**

Anyone with symptoms of COVID-19 who has a negative test and is NOT a close contact of someone with confirmed COVID-19 may return to school; no doctor's note required.

Anyone with symptoms who is not tested must isolate, and anyone in their household (including siblings) are considered close contacts and must quarantine.

3. **What counts as a close contact?**

- You were within 6 feet of someone who has COVID-19 masked or unmasked for a total of 15 minutes or more (cumulative)
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person who has COVID-19 (hugged or kissed them)
- They sneezed, coughed, or somehow got respiratory droplets on you.

Thank you for being vigilant with morning health screenings and keeping your student(s) home when they are sick. Please reach out to me by phone or email for any questions you may have.

Warmest Regards,

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