

**Shakamak November 2020 Menu**

2	3	4	5	6
B: Pop Tart, Fruit/Juice, Milk	B: Muffin, Fruit/Juice, Milk	B: Cereal Bar, Cheesestick, Fruit/Juice, Milk	B: Donut, Fruit/Juice, Milk	B: Cereal, Fruit/Juice, Milk
L: Chicken Nuggets, Potatoes, Gravy, Peas, Roll, Fruit, Milk	L: Tenderloin, Sweet Potato Fries, Celery, Fruit, Milk	L: Chicken Fajita, Lettuce, Cheese, Salsa, Refried beans, Green beans, Fruit, Milk	L: Pizza, Romaine Salad, Corn, Fruit, Milk	L: Turkey & Cheese Sandwich, Chips, Carrots, Baked beans, Fruit, Milk
9	10	11	12	13
B: Mini Cinni, Fruit/Juice, Milk	B: Frudel, Fruit/Juice, Milk	B: Cereal, Fruit/Juice, Milk	B: Cinn. Bagel, Fruit/Juice, Milk	B: Cereal Bar, Cheesestick, Fruit/Juice, milk
L: Hamburger or Cheeseburger, French Fries, Carrots, Fruit, Milk	L: Chicken Quesadilla, Queso cheese, Green beans, Fruit, Milk	L: Soft Shell Taco, Cheese, Lettuce, Salsa, Refried beans, Glazed Carrots, Fruit, Milk	L: Ravioli, Romaine Salad, Green beans, Breadstick, Fruit, Milk	L: Chicken Patty, Broccoli & Cheese, Carrots, Fruit, Milk
16	17	18	19	20
B: Rice Krispie Bar, Juice/Fruit, Milk	B: Honeybun, Juice/Fruit, Milk	B: Cereal, Fruit/Juice, Milk	B: Pancakes, Fruit/Juice, Milk	B: Cereal Bar, Cheesestick, Fruit/Juice, Milk
L: Chili Soup, PB Sandwich, Crackers, Carrots, Celery, Fruit, Milk	L: Ground Beef & Cheese, Tostito Chips, Potato Wedges, Fruit, Milk	L: Chicken Nachos, Tostito Chips, Lettuce, Queso Cheese, Salsa, Green beans, Fruit, Milk	L: Meatloaf, Baked beans, Romaine Salad, Roll, Fruit, Milk	L: Sloppy Jo, French Fries, Carrots, Fruit, Milk
23	24	25	26	27
B: Cereal Bar, Cheesestick, Fruit/Juice, Milk	B: Muffin, Fruit/Juice, Milk	Thanksgiving Break		
L: Pizza, Broccoli & Cheese, Carrots, Fruit, Milk	L: Turkey Manhatten, Potatoes, Gravy, Glazed Carrots, Fruit, Milk	No School		
30				
B: Poptart, Fruit/Juice, Milk				
L: Fish Sandwich, Carrots, Baked Potato, Fruit, Milk				