

Shakamak Elementary School December 2022 Menu

			1	2
			B: Donut, Fruit, Juice, Milk L: Chicken Nachos, Chips, Queso Cheese, Lettuce, Salsa, Green beans, Fresh Broccoli, Fruit, Milk	B: Honeybun, Fruit, Juice, Milk L: Hamburger or Cheeseburger, French Fried, Baked beans, Fruit, Milk
5	6	7	8	9
B: Cereal, Fruit, Juice, Milk L: Chili Soup, Peanut butter Sandwich, Fresh Carrots, Celery, Fruit, Milk	B: Apple Frudel, Fruit, Juice, Milk L: Ground Beef & Cheese, Chips, Potato Wedges, Celery, Fruit, Milk	B: Waffles, Fruit, Juice, Milk Corndog, Green beans, Baked beans, Fruit, Milk	B: Cereal Bar, Cheese stick, Fruit, Juice, Milk L: Crispy Chicken Wrap, Cheese, Lettuce, Tomatoes, Sweet Potato Fries, Corn, Fruit, Milk	B: Yogurt, Scooby Snack Grahams, Banana, Juice, Milk L: Chicken Quesadilla, Queso Cheese, Refried beans, Broccoli & Cheese, Fruit, Milk
12	13	14	15	16
B: Cereal Bar, Cheese stick, Fruit, Juice, Milk L: Chicken Nuggets, Potatoes, Gravy, Green beans, Fruit, Milk	B: Muffin, Fruit, Juice, Milk L: Hamburger or Cheeseburger, French Fries, Baked beans, Fruit, Milk	B: Chocolate Donut, Fruit, Juice, Milk L: Macaroni & Cheese with Ham, Glazed Carrots, Celery, Breadstick, Fruit, Milk	B: Banana Bread, Fruit, Juice, Milk L: Lasagna, Salad w/Tomatoes, Green beans, Garlic Knot, Fruit, Milk	B: Cereal, Fruit, Juice, Milk L: Chicken Alfredo, Salad, Glazed Carrots, Fruit, Milk
19	20	21	22	23
B: Rice Krispie Bar, Cheese stick, Fruit, Juice, Milk L: General Tso's Chicken, Rice, Broccoli, Fresh Carrots, Fruit, Milk	B: Uncrustable, Fruit, Juice, Milk L: Hot Ham & Cheese Sandwich, Au gratin Potatoes, Baked beans, Fruit, Milk	B: Cereal, Fruit, Juice, Milk L: Chicken & Noodles, Potatoes, Sweet Potatoes, Hotroll, Fruit, Milk	No School - Christmas Break	
26	27	28	29	30
No School - Christmas Break				