

MONTCLAIR PUBLIC SCHOOLS
NJDOH/CDC K-12 COVID-19 Quarantine/Isolation Guidance
As of April 7, 2022

*** If your child**

Tests Positive for COVID-19

OR

Has COVID-19 Symptoms

COVID-19 exclusion (isolation) criteria for persons who have COVID-19 compatible symptoms or who test positive for COVID-19:

Individuals regardless of vaccination status, who test positive or individuals with COVID-19 symptoms or who have not been tested and do not have an alternative diagnosis from their healthcare provider should:

- Stay home for at least 5 full days after the onset of symptoms or if asymptomatic after the positive test (day of symptoms is day 0; if asymptomatic, day the test was performed is day 0).

If they have no symptoms or symptoms are resolving after 5 days and are fever-free (without the use of fever-reducing medication) for 24 hours, they may return to school and should;

- Wear a mask when around others at home and in public (indoors and outdoors) for an additional 5 days. Time without a mask being worn should be kept to the minimum possible.
- On days 6-10, limit participation in extracurricular activities to only those activities where masks can be worn consistently and correctly. Masks should be worn in school on days 6-10.

Those students who are unable or unwilling to mask should stay home for the full 10 days and not return to school until day 11.

An **outbreak** in a school setting is defined as **three or more** individuals with COVID-19 (positive by RT-PCR, antigen, or home test) COVID-19 cases among students or staff with onsets within a 14-day period, who are epidemiologically linked, do not share a household, and were not identified as close contacts of each other in another setting during standard case investigation or contact tracing.

During an outbreak:

- A temporary transition to universal masking in the affected classrooms will be implemented.
- COVID-19 testing for students and staff in the affected classroom will be recommended

Testing, regardless of vaccine status, should be done as soon as possible, ideally within one week of detection of the suspected outbreak.

**If your child:
Is exposed to a
COVID-19 Positive
Case:**

Fully vaccinated: Individuals who are fully vaccinated and up-to-date and do **not** exhibit symptoms do **not** need to quarantine if they are exposed to a positive COVID-19 case.

Individuals should test 3-5 days after exposure and monitor for symptoms AND **must wear a mask** in indoor public settings for 10 days or until they receive a negative test result.

[Test to Stay](#) Guidance:

If you are **unvaccinated (not up-to-date)** and identified as a **close contact** you may **remain in school and continue in-person instruction without a quarantine period** as explained below:

- Students and staff will need to take a COVID-19 test the day they are identified. Provided they test negative and are asymptomatic, they may continue in-person instruction and **must wear a mask for 10 days**.
- A second COVID-19 test is required on **Day 5** to remain in school for in-person instruction.
- If individuals choose **not** to test, they will be subject to a five-day quarantine period.

All test results are to be reported in writing to the school nurse and include the date of the test.

The district provides testing at the Annex Atrium on **Mondays, Tuesdays, and Fridays** from **4 to 6 PM**. Also, aligned with new guidance, the district now accepts home tests.

* Individuals who have been diagnosed with COVID-19 in the past 90 days who have had close contact with someone with COVID-19 and are asymptomatic do **NOT** need to be tested.

Siblings (who are **not up-to-date** with vaccinations) of a student who meets COVID-19 exclusion criteria **must wear a mask for 10 days** following their initial exposure, test for COVID-19 immediately, and again on day 5. If they remain asymptomatic and test results are negative, they may remain in school for in-person learning.

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| <p>If your child travels (International or Domestic):</p> | <p><u>Unvaccinated/(not up-to-date):</u></p> <p>The CDC recommends that travel be delayed for those who are not fully vaccinated.</p> <p>Staff & students NOT vaccinated and up-to-date with your COVID-19 vaccines</p> <ul style="list-style-type: none"> • Stay home and self-quarantine for a full 5 days after travel. • Get tested with a COVID-19 test 3-5 days after travel. <p><u>Fully vaccinated or if you have recovered from COVID-19 in the past 90 days:</u></p> <p>For those who are fully vaccinated, NJ residents returning home after travel do not need to be quarantined but should still follow travel guidance from the CDC, NJDOH, and all local health and safety protocols.</p> <p>Individuals should test on day 5, and monitor for symptoms after travel.</p> |
| | <p style="text-align: center;"><u>*Acceptable tests:</u></p> <ul style="list-style-type: none"> • <u>PCR test/Molecular test and Antigen (Rapid) tests completed by a healthcare professional and home tests.</u> |

Notes from the CDC:

Definitions:

Fully Vaccinated (Up-to-Date) = 2 weeks after primary series is completed + booster when eligible
Unvaccinated = NOT Up-to-Date

For children 5 through 17 years of age, a primary series consists of 2 doses of the Pfizer-BioNTech COVID-19 vaccine. For persons 18 and older, a primary series consists of:

- A 2-dose series of an mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna),
or
- A single-dose COVID-19 vaccine (Johnson & Johnson’s Janssen vaccine) CDC recommends that people remain up to date with their vaccines, which includes additional doses for individuals who are immunocompromised and booster doses at regular time points.

For the purpose of this document, “up-to-date” with vaccination means being fully vaccinated against SARS-CoV-2 AND having received all recommended additional doses, including booster doses when eligible. (Booster available at age 12+)

If schools are unable to determine the vaccination status of individual students or staff, those individuals should be considered not up-to-date.

Exclusion:

Parents should not send students to school when sick.

For school settings, NJDOH recommends that students with the following symptoms be promptly isolated from others and excluded from school:

- At least two of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;

OR

- At least one of the following symptoms: new or worsening cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.