



SEPTEMBER 2022

Blount County Schools

Offered Daily: 1% Low-Fat Milk /
Non-Fat Flavored Milk / Juice

Monday

Tuesday

Wednesday

Thursday

Friday



**Labor Day
Holiday
No School**

5

**Nature Valley
Breakfast Round**

6

Cereal
Yogurt
Juice/Fresh Fruit

**Butter Biscuit
w/ Jelly**

7

Cereal
Yogurt
Juice / Fresh Fruit

Frudel
Cereal
Yogurt
Juice/Fruit

1

Chicken Biscuit

2

Cereal
Yogurt
Juice
Fruit

Cereal
Yogurt
Juice
Fruit

8

**Sausage PowerBites
w/ Toast**

9

Cereal
Yogurt
Juice/Fruit

Sausage Biscuit

12

Cereal
Yogurt
Juice
Chilled Fruit Cup

Muffin

13

Cereal
Yogurt
Juice
Fresh Fruit

**Ham & Cheese
Croissant**

14

Cereal
Yogurt
Juice / Fresh Fruit

Frudel
Cereal
Yogurt
Juice
Fruit

15

Chicken Biscuit

16

Cereal
Yogurt
Juice
Fruit

Sausage Biscuit

19

Cereal
Yogurt
Juice
Chilled Fruit Cup

**Nature Valley
Breakfast Round**

20

Cereal
Yogurt
Juice/Fresh Fruit

**Butter Biscuit
w/ Jelly**

21

Cereal
Yogurt
Juice / Fresh Fruit

**Strawberry Cream
Cheese Boli**

22

Cereal
Yogurt
Juice/Fruit

**Sausage PowerBites
w/ Toast**

23

Cereal
Yogurt
Juice/Fruit

Sausage Biscuit

26

Cereal
Yogurt
Juice
Chilled Fruit Cup

**Nature Valley
Breakfast Round**

27

Cereal
Yogurt
Juice/Fresh Fruit

**Ham & Cheese
Croissant**

28

Cereal
Yogurt
Juice / Fresh Fruit

Apple Fritter

29

Cereal
Yogurt
Juice
Fruit

Chicken Biscuit

30

Cereal
Yogurt
Juice
Fruit

Menu Subject to Change Due to Nationwide Shortages
USDA is an Equal Opportunity Employer and Provider.

