



# JANUARY 2023

## Blount County Schools

Offered Daily: 1% Low-Fat Milk & Flavored Milk / Juice

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p><b>Happy New Year!!</b></p>	<p><b>3</b></p>	<p><b>4</b></p> <p>Grab-n-Go Options <b>Chicken Tenders</b> Warm Roll Potato Wedges Green Beans Fruit</p>	<p><b>5</b></p> <p>Grab-n-Go Options <b>Pizza</b> Steamed Broccoli Garden Salad w/ Ranch Fruit</p>	<p><b>6</b></p> <p>Grab-n-Go Options <b>Cheeseburger</b> Lettuce / Tomato / Pickles Fries Fruit / Sweet Treat</p>
<p><b>9</b></p> <p>Grab-n-Go Options <b>Country Fried Steak</b> Biscuit Mashed Potatoes &amp; Gravy English Peas Fruit</p>	<p><b>10</b></p> <p>Grab-n-Go Options <b>Crispitos</b> Chili Beans Lettuce / Tomato / Cheese Salsa / Sour Cream Fruit</p>	<p><b>11</b></p> <p>Grab-n-Go Options <b>Chicken Noodle Soup</b> Grilled Cheese Garden Salad w/ Ranch Fruit</p>	<p><b>12</b></p> <p>Grab-n-Go Options <b>Pizza Crunchers</b> Marinara Sauce Steamed Corn Tuscan Salad Fruit</p>	<p><b>13</b></p> <p>Grab-n-Go Options <b>Chicken Sandwich</b> Lettuce / Tomato / Pickles Fries Fruit Sweet Treat</p>
<p><b>16</b></p>  <p><b>MARTIN LUTHER KING DAY</b> I HAVE A DREAM</p>	<p><b>17</b></p> <p>Grab-n-Go Options <b>Chicken Tacos</b> Chili Beans Lettuce / Tomato / Cheese Salsa / Sour Cream Fruit</p>	<p><b>18</b></p> <p>Grab-n-Go Options <b>Spaghetti</b> Garlic Bread Steamed Veggies Tuscan Salad Fruit</p>	<p><b>19</b></p> <p>Grab-n-Go Options <b>Pizza</b> Steamed Broccoli Garden Salad w/ Ranch Fruit</p>	<p><b>20</b></p> <p>Grab-n-Go Options <b>Patty Melt</b> Tater Tots Garden Salad w/ Ranch Fruit Sweet Treat</p>
<p><b>23</b></p> <p>Grab-n-Go Options <b>Chicken Pot Pie</b> Broccoli and Cheese Steamed Corn Fruit</p>	<p><b>24</b></p> <p>Grab-n-Go Options <b>Crispitos</b> Chili Beans Lettuce / Tomato / Cheese Salsa / Sour Cream Fruit</p>	<p><b>25</b></p> <p>Grab-n-Go Options <b>Chili</b> Grilled Cheese Garden Salad w/ Ranch Fruit</p>	<p><b>26</b></p> <p>Grab-n-Go Options <b>Max Cheese Sticks</b> Marinara Sauce Steamed Veggies Tuscan Salad Fruit</p>	<p><b>27</b></p> <p>Grab-n-Go Options <b>Hot Dog</b> Tater Tots Chili Sauce / Kraut &amp; Onions Fruit / Sweet Treat</p>
<p><b>30</b></p> <p>Grab-n-Go Options <b>Chicken Bites</b> Warm Roll Mashed Potatoes Green Beans Fruit</p>	<p><b>31</b></p> <p>Grab-n-Go Options <b>Chicken Fajita Nachos</b> Chili Beans Lettuce / Tomato / Cheese Salsa / Sour Cream Fruit</p>			

Menu Subject to Change Due to Nationwide Shortages.  
USDA is an Equal Opportunity Employer and Provider.

