

**Virginia Beach Middle School League
Volleyball
2022-2023**

Tuesday, February 14

Independence at Kempsville
Lynnhaven at Larkspur
Corporate Landing at Great Neck
Brandon at Plaza
Bayside at Virginia Beach
Princess Anne at Landstown
Salem Bye

Thursday, February 16

Salem at Lynnhaven
Great Neck at Independence
Larkspur at Brandon
Virginia Beach at Corporate Landing
Plaza at Princess Anne
Landstown at Bayside
Kempsville Bye

Thursday, February 23

Kempsville at Great Neck
Brandon at Salem
Independence at Virginia Beach
Princess Anne at Larkspur
Corporate Landing at Landstown
Bayside at Plaza
Lynnhaven Bye

Tuesday, February 28

Lynnhaven at Brandon
Virginia Beach at Kempsville
Salem at Princess Anne
Landstown at Independence
Larkspur at Bayside
Plaza at Corporate Landing
Great Neck Bye

Thursday, March 2

Brandon at Landstown
Princess Anne at Virginia Beach
Great Neck at Salem
Kempsville at Lynnhaven
Bayside Bye + Plaza, Larkspur,
Corporate Landing, Independence

Warm-up time:

Shared Warm Up Time— 8 minutes
Visiting Team Warm Up-6 minutes
Home Team Warm-Up-6 minutes

***Home team forfeits 6-minute warm-up if visiting team shows up within 30 minutes of match.**

Tuesday, March 7

Princess Anne at Brandon
Great Neck at Landstown
Bayside at Lynnhaven
Kempsville at Plaza
Corporate Landing at Salem
Independence at Larkspur
Virginia Beach Bye

Thursday, March 9

Landstown at Virginia Beach
Brandon at Bayside
Plaza at Great Neck
Lynnhaven at Corporate Landing
Larkspur at Kempsville
Salem at Independence
Princess Anne Bye

Tuesday, March 14

Bayside at Princess Anne
Virginia Beach at Plaza
Corporate Landing at Brandon
Great Neck at Larkspur
Independence at Lynnhaven
Kempsville at Salem
Landstown Bye

Thursday, March 16

Virginia Beach at Great Neck
Lynnhaven at Princess Anne
Landstown at Kempsville
Salem at Bayside
Plaza at Independence
Larkspur at Corporate Landing
Brandon Bye

Tuesday, March 21

Playoffs Site TBD—5:30

Thursday, March 23

Championship-Landstown MS—5:30

Higher seed will be home team in all post season contests.

**Practices may begin on 1/31/23
Regular season games begin at
5:30 p.m. unless otherwise noted.**

Approved 5/19/22