

**Virginia Beach Middle School League
Basketball
2022-2023**

Thursday, December 1*

Kempsville at Independence
Larkspur at Lynnhaven
Great Neck at Corporate Landing
Plaza at Brandon
Virginia Beach at Bayside
Landstown at Princess Anne
Salem Bye

Monday, December 5*

Lynnhaven at Salem
Independence at Great Neck
Brandon at Larkspur
Corporate Landing at Virginia Beach
Princess Anne at Plaza
Bayside at Landstown
Kempsville Bye

Thursday, December 8*

Great Neck at Kempsville
Salem at Brandon
Virginia Beach at Independence
Larkspur at Princess Anne
Landstown at Corporate Landing
Plaza at Bayside
Lynnhaven Bye

Monday, December 12*

Brandon at Lynnhaven
Kempsville at Virginia Beach
Princess Anne at Salem
Independence at Landstown
Bayside at Larkspur
Corporate Landing at Plaza
Great Neck Bye

Thursday, December 15*

Landstown at Brandon
Virginia Beach at Princess Anne
Salem at Great Neck
Lynnhaven at Kempsville
Bayside Bye + Plaza, Larkspur,
Corporate Landing, Independence

Warm-up time: 10 minutes

**Practices may begin on 11/14/22
Regular season games begin at 5:30
p.m. unless otherwise noted.**

Monday, December 19+

Brandon at Princess Anne
Landstown at Great Neck
Lynnhaven at Bayside
Plaza at Kempsville
Salem at Corporate Landing
Larkspur at Independence
Virginia Beach Bye

Thursday, January 5+

Virginia Beach at Landstown
Bayside at Brandon
Great Neck at Plaza
Corporate Landing at Lynnhaven
Kempsville at Larkspur
Independence at Salem
Princess Anne Bye

Monday, January 9+

Princess Anne at Bayside
Plaza at Virginia Beach
Brandon at Corporate Landing
Larkspur at Great Neck
Lynnhaven at Independence
Salem at Kempsville
Landstown Bye

Thursday, January 12+

Great Neck at Virginia Beach
Princess Anne at Lynnhaven
Kempsville at Landstown
Bayside at Salem
Independence at Plaza
Corporate Landing at Larkspur
Brandon Bye

Thursday, January 19- Basketball Playoffs

5:30 p.m.—Sites TBD

**Tuesday, January 24 -
Basketball Championships**

Salem MS
Boys 5:30 p.m. Girls 7:30 p.m.

**Higher seed will be home team in all post-
season contests.**

+Boys Play First

*Girls Play First

Approved 5/19/22