

Breakfast \$ 1.65

Milk \$ 0.60



January Sandwich Breakfast



Daily Options
 Mini Cinis
 Honey Bun
 Cereal
 Cocoa Puffs Cereal Bar
 Pop-tart
 Whole Grain Donuts
 Banana Bread
 Chocolate Chip Muffin
 Oatmeal Chocolate Chip Bar
 Strawberry or Cinnamon
 Cream Cheese Bagel

We are Hiring!
**We Need Cooks, Managers,
 Food Servers and Drivers!**
 You will love the work
 schedule!
 No nights or weekends!
 Holidays off!
 Apply Online at:
www.arbormgt.com/careers
 Scan Me To Apply!



Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	No School	No School	Cereal Bar Cheese Stick Fruit of the Day 100% Juice Choice of Milk	Cinnamon Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
9	10	11	12	13
Strawberry Mini Bagels Fruit of the Day 100% Juice Choice of Milk	Honey Bun Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	Benefit Bar Fruit of the Day 100% Juice Choice of Milk	Chocolate Chip Muffin Cheese Stick Fruit of the Day 100% Juice Choice of Milk
16	17	18	19	20
No School	Maple Belgian Waffle Fruit of the Day 100% Juice Choice of Milk	Cinnamon Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk	Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Bar Cheese Stick Fruit of the Day 100% Juice Choice of Milk
23	24	25	26	27
Strawberry Mini Bagels Fruit of the Day 100% Juice Choice of Milk	Whole Grain Donut Fruit of the Day 100% Juice Choice of Milk	Banana Bread Fruit of the Day 100% Juice Choice of Milk	Cereal Bowl Graham Bear Fruit of the Day 100% Juice Choice of Milk	Strawberry Pop-Tart Graham Bear Fruit of the Day 100% Juice Choice of Milk
30	31			
Benefit Bar Fruit of the Day 100% Juice Choice of Milk	Chocolate Chip Muffin Cheese Stick Fruit of the Day 100% Juice Choice of Milk			

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal oppor-

