

ILC Services (Independent Living Centers)

Core Services:

- Information and Referral
- Individual and Systems Advocacy
- Peer Counseling
- Independent Living Skills Training
- Transition Services

Additional Services (varies by location):

- Advocacy/Legal Services
- Architectural Barrier Services
- Assistive Devices/Equipment
- Benefits Advisement
- Children and Family Services
- Communication Services
- Counseling Services
- Housing or Shelter Information
- In Service Training
- Mobility Training
- Personal Assistance Services
- Recreational Services
- Transportation Information
- Youth Services Information
- Vocational Services

Visit an ILC Near You!

- Resource Center for Independent Living (RCIL) (315) 797-4642 or www.rcil.com
- Northern Regional Center for Independent Living (NRCIL) (315) 785-8703 or www.nrcil.net
- Massena Independent Living Center (MILC) (315) 764-9442 or www.milc.org



NCPAC

North Country Parent Assistance Center



For more information, please contact:

Learning Disability Association
146L Arsenal Street Suite 10A
Watertown, NY 13601
315-785-9440
ncpac@rcil.com



**LEARNING DISABILITY ASSOCIATION
OF THE MOHAWK VALLEY**

There is more out there than
special education:
A Summary of Services



NCPAC

North Country Parent Assistance Center
A Special Education
Technical Assistance Center

NCPAC SERVES THE FOLLOWING BOCES
REGIONS:

St. Lawrence-Lewis BOCES
Jefferson-Lewis-Hamilton-Herkimer-Oneida BOCES

What is a Special Education Technical Assistance Center?

The North Country Parent Assistance Center (NCPAC), the North Country Central Region Special Education Parent Technical Assistance Center, is funded through a contract with the New York State Education Department (NYSED), Office of Special Education and seeks to empower parents of children with disabilities to become meaningfully involved with their child's education.

NCPAC provides parents with resources, trainings, and strategies to enhance their skills and level of confidence to communicate effectively and work collaboratively with schools and other stakeholders. NCPAC is a project under the Learning Disability Association of the Mohawk Valley in partnership with the Resource Center for Independent Living.



ACCES-VR

(Adult Career and Continuing Education Services - Vocational Rehabilitation)

Services

- Vocational Counseling
- Vocational Assessment
- Vocational Education
- Job Placement
- Job Skills Training
- Driver Education Training
- Supported Employment
- Work-related books, tools, licenses, and rehab technology
- Benefits Advisement

Are you eligible?

- Do you have a physical or mental impairment that impedes employment?
- Do you have the ability to benefit from these services?
- Are services necessary to overcome the barriers to employment?

If you answered yes, contact ACCES-VR at (315) 428-4034 or (518) 483-3530
Online: <http://www.acces.nySED.gov/>

OPWDD

(Office for People With Developmental Disabilities)

Services

- Parent Advocacy Training
- Service Coordination
- Family Support Services and Financial Counseling
- Residential Support
- Supported Employment
- Employment Training Program
- Sheltered Employment/Workshops
- Youth Opportunity Program
- Community Support Services (In-Home Support, Respite)
- Self-Directed Services
- Environmental Modifications (Adaptive Equipment)
- Healthcare (Medicaid)
- Benefits Advisement

Do you have a documented Developmental Disability prior to turning age 22?

- Intellectual Disability
- Autism
- Cerebral Palsy
- Epilepsy/Seizure Disorder
- Neurological Impairment
- Condition that limits intellectual functioning
- Certain genetic disorders
- Prader-Willi syndrome
- Tourette Syndrome

If you answered yes, contact the Front Door at (518) 561-8190 x207 or the Learning Disability Association (315) 785-9440 to learn more! Or online at www.opwdd.ny.gov