

# STANWOOD HIGH SCHOOL WELCOME PACKET



2022-2023

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## Welcome to Stanwood High School

We are excited to have you as a student at Stanwood High School (SHS), the home of the Stanwood Spartans. Here you will have an opportunity to explore a number of career opportunities to better prepare you for life after high school. We know that this will be one of the best experiences of your academic career and we will assist you in any way possible so that you find your studies enjoyable.

This packet contains information about SHS including contact information, schedules, academics, extracurricular, supports, and ways we communicate. Please reach out to a staff member if you can't find answers to all of your questions in this packet.

## Story of SHS

The current Stanwood High School was built in 2020 on a 63.1-acre site that is located near Highway 532. The new school has 58 classrooms, a library, 3 gymnasiums, weight room, fitness room, wrestling room, 2 music rooms, a performing arts center that seats 600 people, wood shop, metal shop, and 2 greenhouses. The first seniors of Stanwood High School graduated in 1911.

The previous school was built in 1971 with a new performing arts center built in 2001.

## Vision Statement

Stanwood Spartans are united in cultivating character, modeling respect, teaching leadership and connecting to community.

## School Basics

### Address:

7400 272<sup>nd</sup> St NW  
Stanwood, WA 98292  
Tel. (360) 629-1300  
Fax (360) 629-1310

<https://shs.stanwood.wednet.edu/>

All visitors should report to the Main Office to check-in.

### Phone & Fax Numbers

<b><u>Location</u></b>	<b><u>Phone</u></b>	<b><u>Fax</u></b>	<b><u>Contacts</u></b>
Main Office Switchboard	629-1300	629-1310	Wendy Fox
Activities Office	629-1303	629-1310	Carolyn Coombs
Attendance Office	629-1305	629-1310	Karen McCurry
Athletic Office	629-1322	629-1310	Lauren Amundson & Tom Wilfong
Counseling	629-1330	629-1331	Christy Headrick
Food Services	629-1208	629-1209	Don Vennetti & Jen Dahl
CTE Department	629-1313	629-1314	Renee Herigstad & Ross Short
Library	629-1300		Debbie Byrum & Gigi McNeal
Health Room	629-1330		Heather Schutzta & Lindsay Smith
Registrar	629-1330		Jody Nardis
Transcript Requests	629-1330	629-1331	Christy Headrick
Lincoln Hill HS	629-1340	629-1341	Kjersti Sundberg & Rhonda Midthun
Transportation	629-1229	629-1248	Bus Garage

## **Administration**

Christine Del Pozo, Principal	629-1300
Carolyn Coombs, Assistant Principal/Activities Director (TBD)	629-1300
Tom Wilfong, Assistant Principal/Athletic Director (TBD)	629-1321
Ross Short, Career & Technical Education Director	629-1313
Zach Ward, Dean of Students (TBD)	629-1300
Ryan Pike, Lincoln Hill High School Principal	629-1340

## **Counseling**

Christy Headrick, Secretary	629-1330, ext. 5231
Paige Watson (A-Em)	629-1330, ext. 5235
Maren Holzinger (En-K)	629-1330, ext. 5233
Tricia Tayon (L-Rh)	629-1330, ext. 5236
Emily Elde (Ri-Z)	629-1330, ext. 5234

## Bell Schedules

### Regular Schedule

0 Period	6:40-7:35
1 <sup>st</sup>	7:40-8:35
2 <sup>nd</sup>	8:40-9:35
3 <sup>rd</sup>	9:40-10:35

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1 <sup>st</sup> Lunch	10:40-11:10
4 <sup>th</sup> A	11:15-12:10

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4 <sup>th</sup> B	10:40-11:35
2 <sup>nd</sup> Lunch	11:40-12:10

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5 <sup>th</sup>	12:15-1:10
6 <sup>th</sup>	1:15-2:10

### Wednesday Schedule

0 Period	8:15-8:55
1 <sup>st</sup>	9:00-9:42
2 <sup>nd</sup>	9:47-10:29
3 <sup>rd</sup>	10:34-11:16

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1 <sup>st</sup> Lunch	11:19-11:49
4 <sup>th</sup> A	11:54-12:36

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4 <sup>th</sup> B	11:21-12:03
2 <sup>nd</sup> Lunch	12:06-12:36

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5 <sup>th</sup>	12:41-1:23
6 <sup>th</sup>	1:28-2:10

## Advisory/Assembly Schedule

0 Period	6:40-7:35
1 <sup>st</sup>	7:40-8:29
2 <sup>nd</sup>	8:34-9:23
Assembly	9:28-10:00
3 <sup>rd</sup>	10:05-10:54
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1 <sup>st</sup> Lunch	10:58-11:28
4 <sup>th</sup> A	11:33-12:22
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4 <sup>th</sup> B	10:59-11:48
2 <sup>nd</sup> Lunch	11:52-12:22
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5 <sup>th</sup>	12:27-1:16
6 <sup>th</sup>	1:21-2:10

Buses arrive around 7:35 a.m. and start leaving at 2:15 p.m. On Wednesday mornings buses arrive around 8:55 a.m. The bus drop off and pick up is in the staff parking lot.

If you will be riding a bus other than your own, you must bring a written request to the office before school or during lunch. Notes can also be sent via fax. Bus passes will be taken over the phone if we can verify who you are. **No bus pass notes will be accepted after 12:30 p.m.** The note should include the first and last name of the student, the name of the student that they are riding with and the route number and address.

Student drivers: You have several lots to choose from when it comes to parking on campus. Parking permit packets can be found in the main office.

Walkers: Students who walk to and from school can enter from either the 2nd floor main entrance or the first floor commons entrance.

\*Students who are dropped off and picked up will do so out at the main entrance parking lot.

# School Calendar

STANWOOD-CAMANO SCHOOL DISTRICT #401 2022-2023 SCHOOL CALENDAR														
<b>August</b> 0					<b>September</b> 21					<b>October</b> 180 20				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
1	2	3	4	5				1	2	3	4	5	6	7
8	9	10	11	12	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	12	13	14	15	16	17	18	19	20	21
22	23	24	25	26	19	20	21	22	23	24	25	26	27	28
29	30	31			26	27	28	29	30	31				
<b>November</b> 19					<b>December</b> 12					<b>January</b> 19				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
1	2	3	4					1	2	2	3	4	5	6
7	8	9	10	11	5	6	7	8	9	9	10	11	12	13
14	15	16	17	18	12	13	14	15	16	16	17	18	19	20
21	22	23	24	25	19	20	21	22	23	23	24	25	26	27
28	29	30			26	27	28	29	30	30	31			
<b>February</b> 18					<b>March</b> 23					<b>April</b> 15				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3			1	2	3	3	4	5	6	7
6	7	8	9	10	6	7	8	9	10	10	11	12	13	14
13	14	15	16	17	13	14	15	16	17	17	18	19	20	21
20	21	22	23	24	20	21	22	23	24	24	25	26	27	28
27	28				27	28	29	30	31					
<b>May</b> 22					<b>June</b> 11					<b>July</b> 0				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
1	2	3	4	5				1	2	3	4	5	6	7
8	9	10	11	12	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	12	13	14	15	16	17	18	19	20	21
22	23	24	25	26	19	20	21	22	23	24	25	26	27	28
29	30	31			26	27	28	29	30	31				

Important Dates			
Aug. 29	New Teacher Orientation	Jan. 16	Martin Luther King, Jr. Day (No School)
Aug. 30	TRI/Curriculum Day (District/Building-Directed)	Jan. 27	1st Semester ends
Aug. 31	TRI/Curriculum Day (Teacher-Directed - No Meetings)	Jan. 30	TRI/Curric. Day (Semester Grading - No School)
Sept. 1	First School Day	Feb. 17-20	Mid-Winter Break (No School)
Sept. 5	Labor Day (No School)	Mar. 29	District P.D., Early Release
Oct. 21	TRI/Curriculum Day (1/2 Teacher-Directed Collaboration, 1/2 District P.D.- No School)	Mar. 30-31	Spring Conferences (K-12), Early Release
Nov. 2-4	Fall Conferences (K-12), Early Release	April 3-7	Spring Break (No School)
Nov. 4	1st Quarter (6-12) ends	April 12	3rd quarter (6-12) ends
Nov. 11	Veterans Day (No School)	May 29	Memorial Day (No School)
Nov. 23	Early Dismissal, No Late Start	June 15	Last School Day, Early release (9:40 Secondary, 11:00 Elementary)
Nov. 24, 25	Thanksgiving Break (No School)	June 19	Juneteenth (No School)
Dec. 19- Jan 2	Winter break (No School)	June 16 & 20	Snow make-up days



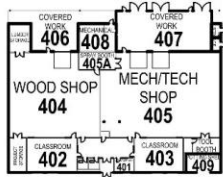
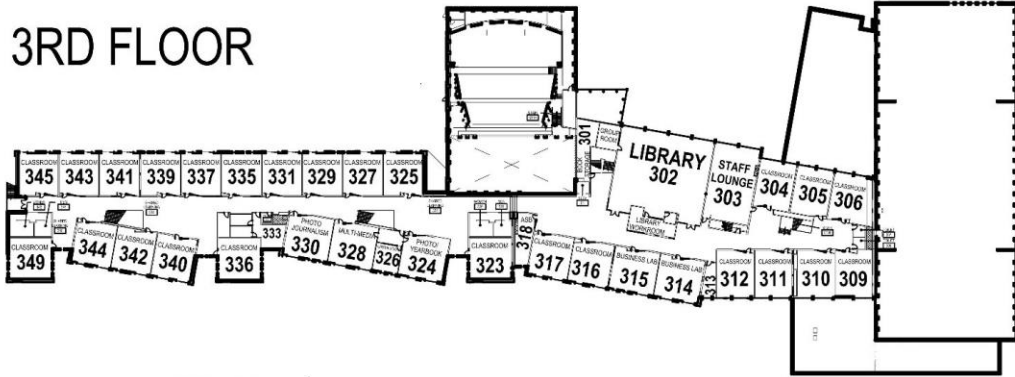
# School Map



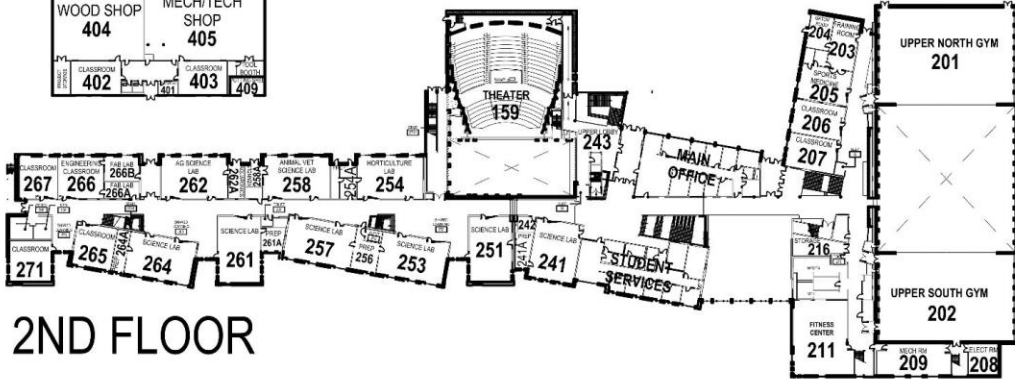
## STANWOOD HIGH SCHOOL

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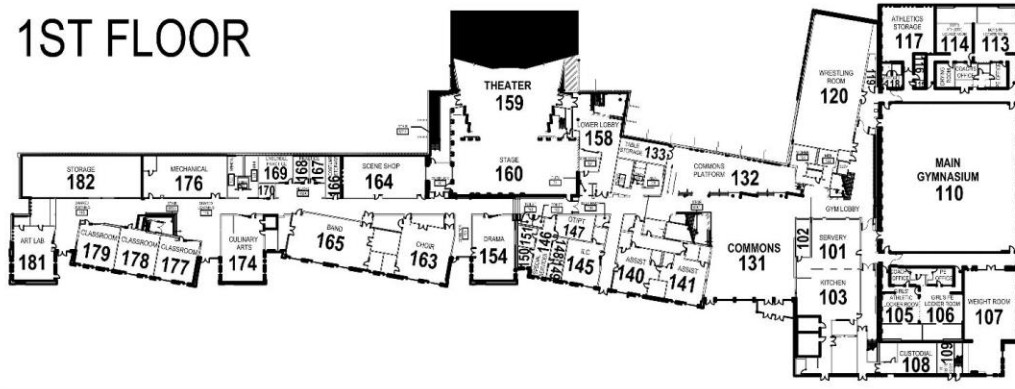
### 3RD FLOOR



### 2ND FLOOR



### 1ST FLOOR



## School Lunches

We offer two lunches at Stanwood High School. Your lunch period is based on your fourth period teacher. The teachers on the first and second floor have first lunch (exception to that is Ms. Blackwood as she has second lunch). Most teachers on the third floor have second lunch (exception to that is Mr. Ward, Mrs. Peterson, Mrs. Gammell, and Mrs. Ray. They all have first lunch). Students will be able to purchase a lunch in the commons area at Stanwood High School or bring their own. Students can look for the lunch posters around campus to find out which lunch they have.

Consistent with School Board Policy 3240P, SHS is a closed campus. Students are to remain on campus from time of arrival until the close of the school day.

## Dress Code

Stanwood High School respects students' rights to express themselves in the way they dress. All students who attend the school are also expected to represent the school community by dressing appropriately for the educational environment. Student attire should facilitate participating in learning as well as the health and safety of students and the adults that supervise them. The dress code policy is intended to provide guidance for students, staff, and parents/guardians.

Link to district board dress code policy:

<https://www.stanwood.wednet.edu/common/pages/DisplayFile.aspx?itemId=1587273>

Link to district board dress code procedure:

<https://www.stanwood.wednet.edu/common/pages/DisplayFile.aspx?itemId=1587275>

# Attendance

## **ABSENCE DEFINITION**

A student is considered absent when he or she is more than 5 minutes late to class. The following descriptions of absences apply:

- **Excused Absences** include illness, family emergencies, health condition or medical appointment, school sanctioned activities, absences related to the legal system, bereavement/funeral, religious observances, state recognized search and rescue activities, absence directly related to the student's homeless status, absence related to deployment activities of a parent or legal guardian who is an active duty member, planned absences approved by the administration, and absences due to suspensions/expulsions or emergency expulsions.
- **Unexcused Absences** include absences without an excuse, skipping, or when a student fails to submit a note or parent phone call with the time limit of reporting an absence.
- **School Related Absence** includes in-school appointments and meetings, field trips, college visits, and activity/athletic trips. Students must obtain a field trip form from their teachers for planned and extended school-related absences, and they must have their forms signed by their teachers and their parents prior to departure.

## **ATTENDANCE REPORTS**

Parents/guardians concerned about their student's attendance should log onto Family Access or call 360-629-1319 (Renee Herigstad) for a current status report.

## **ATTENDANCE POLICIES AND PROCEDURES**

A student is considered absent when he or she is more than 5 minutes late to class. Consistent with WAC 180-40-010, all students will attend and be punctual at regularly scheduled classes unless officially excused.

Teachers will review the attendance policy with students at the beginning of the school year. Teachers' course objectives will contain criteria for attendance and grading. Those objectives will indicate when make-up work must be submitted and the grading requirements. **Absences must be cleared within 72 hours of the student's**

**return to school. If absences are not excused, students will not be allowed to make-up assignments.**

Teachers will release students at the end of the scheduled period. Prior approval of the next period teacher is required if a student is to be held for any reason. If a student is held in class after the bell rings and is late to his or her next class, the teacher in whose class he or she was detained will issue a pass to the next class. If a student is late for a class and does not have a valid note excusing his or her tardiness, he or she will be marked tardy in the teacher's grade book. It is the student's responsibility to get this pass from the teacher.

### **EXCUSING ABSENCES**

Parents/guardians may excuse a student's absence by calling the attendance secretary at 360-629-1305, through Absence Notification using their Family Access password, by e-mailing [kmccurry@stanwood.wednet.edu](mailto:kmccurry@stanwood.wednet.edu), or by sending a note to the attendance office with the student. Students must provide a parental/guardian excuse within 72 hours of returning to school in order for their absences to be excused. After that, an absence remains unexcused. Students who have not been excused via a parent/guardian phone call or do not have a written excuse from their parents/guardians will be automatically unexcused.

- **Prior Excuse: Off Campus** – An anticipated absence may arise during the year. The student must bring in an acceptable note from the parent/guardian requesting the absence. The note should be brought in at least one school day prior to the date(s) of absence when possible.
- **Prior Excuse: On Campus** – If a student expects to miss a class to do so work for a school activity or class, he/she must make prior arrangements with the teacher of the class to be missed. This would include bringing a note from the teacher or administrator requesting the absence. If prior arrangements are not made, the absence may be considered truancy. The scheduled class has priority. A parent/guardian cannot excuse a student to miss class while the student remains on campus (e.g. working on homework in the library).

Students who are 18 years or older can seek information from the principal about writing their own absence notes.

## **PRE-ARRANGED ABSENCE/EARLY DISMISSAL**

If a student needs to leave campus during the school day, the student must check out through the attendance office before leaving the school grounds. Phone or note approval from the parent (preferably before the school day begins) is required before the student is issued a pass to leave. Students who leave school without signing out through the attendance office will be subject to disciplinary action.

## **New mental health attendance policy:**

During the 2022 legislative session, House Bill 1834 was passed. This bill directed the Office of Superintendent of Public Instruction (OSPI) to categorize a student absence from school due to a mental health reason, as an excused absence due to illness, health condition, or medical appointment.

The updated language for an excused absence now states: physical health or mental health symptoms, illness, health condition or medical appointment for the student or person for whom the student is legally responsible. Examples of symptoms, illness, health conditions, or medical appointments include, but are not limited to, medical, counseling, mental health wellness, dental, optometry, pregnancy, and behavioral health treatment (which can include in-patient or out-patient treatment for chemical dependency or mental health).

## Academics

### Supply list

Please check the website for a supply list for certain classes.

### Schedule Changes

Students are expected to carefully plan their course requests and to register for the correct/appropriate classes during the registration process. Schedule changes after the normal registration process is completed will be limited and allowed only when a valid educational need is evident. Schedule change requests may be submitted only within the first 10 days of the semester unless there are extenuating circumstances.

### Minimum Graduation Requirements

1. A full-time student is one who is enrolled in six classes. A senior may elect one class as time release or may take work release if he/she has earned 18 credits by the beginning of his/her senior year and has permission from his/her parents and a school administrator. Seniors must be enrolled as a full-time student in the regular high school for the full year of their senior year in order to participate in the graduation ceremonies. The exception to this is if a student takes a credit retrieval course at another school.
2. Satisfactory completion of the following courses, credits, and tests: Stanwood High School Credits for Graduation **24 credits.**

Non-Credit Graduation Requirements:

- High School and Beyond Plan
- Personalized Pathway

## **GRADES, CREDIT, AND G.P.A.**

Progress reports serve as a continuous evaluation of the student's performance. Progress reports will be available halfway through each quarter. Official grades will be mailed home at the end of each semester.

All letter grades except for F earn credit towards graduation. G.P.A. points will be assigned as follows:

### **Grade G.P.A**

A	4.0	B	3.0	C	2.0	D	1.0
A-	3.7	B-	2.7	C-	1.7	F	0.0
B+	3.3	C+	2.3	D+	1.3		

The following grades earn credit, but do not impact the GPA: P, S

The following grades do not earn credit and do not impact the G.P.A.: NC, U, I

## **Work Permits**

Students who need a work permit signed to work can do so through the Career and Technical Education department. Please see the CTE Secretary in the main office.

## **Advisory**

Advisory is held on most Fridays during the school year. Advisory is where you will work on your high school and beyond plan, complete Character Strong lessons, and be involved in team-building activities.



## Extracurricular

### Athletics

We offer three seasons of sports at Stanwood High School. Pay to Participate fees and ASB cards can be purchased in the main office once you have made the team. They can also be purchased online. Fees apply to online purchases. You cannot play in an event until your participation fee and ASB cards have been purchased. We recommend all athletes purchase their ASB card at the beginning of the school year to take full advantage of its benefits.

Parents/guardians of students who qualify for the National Free and Reduced-Price meal program (NFRP) and have a current application on file with the district office are eligible for a free or reduced athletic participation fee. Parents/guardians are responsible for providing the Notice of Eligibility for Free or Reduced-Price Meals to the Athletic Department. Your student cannot participate in their first event until the letter is on file in the athletic office.

### FALL SPORTS

#### Cheer

Coach: [Caroleigh Lawrence](#)

Aug 22 - Dec 3, 2022

#### Cross Country

Coach: [Mike Evans](#)

Aug 22 - Nov 5, 2022

#### Football

Coach: [Jeff Scoma](#)

Aug 17 - Dec 3, 2022

#### Girls Soccer

Coach: [Lori Stunz](#)

Aug 22 - Nov 19, 2022

### **Girls Swimming**

Coach: [Rita Peterson](#)  
Aug 22 - Nov 12, 2022

### **Boys Tennis**

Coach: [Ryan Ingram](#)  
Aug 22 - May 27, 2023

### **Volleyball**

Coach: [Megan Amundson](#)  
Aug 22 - Nov 19, 2022

## **WINTER SPORTS**

### **Boys Basketball**

Coach: [Josh Thayer](#)  
Nov 14 - Mar 4, 2023

### **Girls Basketball**

Coach: Dustin Swanson  
Nov 14 - Mar 4, 2023

### **Cheer**

Coach: [Caroleigh Lawrence](#)  
Nov 14 - Mar 4, 2023

### **Boys Swimming**

Coach: [Connie Schmidt](#)  
Nov 14 - Feb 18, 2023

### **Boys Wrestling**

Coach: [Ray Mather](#)  
Nov 14 - Feb 18, 2023

[Girls Wrestling](#)

Coach: [Marcus Regua](#)

Nov 14 - Feb 18, 2023

## **SPRING SPORTS**

[Baseball](#)

Coach: [Matt Brennan](#)

Feb 28 - May 28, 2022

[Boys Golf](#)

Coach: [Halen Davis](#)

Feb 28 - May 25, 2022

[Girls Golf](#)

Coach: [Zach Ward](#)

Feb 28 - May 25, 2022

[Boys Soccer](#)

Coach: [Erik Cruz](#)

Feb 28 - May 28, 2022

[Softball](#)

Coach: [Patrick Ryan](#)

Feb 28 - May 28, 2022

[Girls Tennis](#)

Coach: [Sean Cunningham](#)

Feb 28 - May 28, 2022

[Track & Field](#)

Coach: [Michael Randall](#)

Feb 28 - May 28, 2022

## **Clubs/Activities**

The following is a list of clubs that are active at Stanwood High School. In order to find information about a club or how to start a new one, check with the Activities Director in the Main Office.

### **Clubs & Student Organizations**

Agricultural Mechanics  
Chess Team  
Environmental Club/Natural Resources  
Family Career and Community Leaders of America (FCCLA)  
Future Business Leaders of America (FBLA)  
FFA Organization  
German Club  
History Club  
Horticulture Club  
National Art Honor Society  
National English Honor Society  
National Honor Society  
Science Team  
Spanish Club  
Technology Students Association (TSA)  
Theater Guild  
Young Entrepreneur Students (YES)

### **Activities & Traditions**

American Sign Language (ASL)	Gay Straight Alliance (GSA)	Knowledge Bowl
Spirit Week	Annual/Yearbook Staff	Hi-Q Team
Marching Band	Sports Medicine	Associated Student Body (ASB)
Homecoming	Music Performances	Team Hope
Band	Homecoming Dance	NAGO
Tolo	Book Club	Jazz Band
Pep Band	Celebration of Excellence	Jazz Ensemble
Scholarship Night	Cheerleading	Key Club
Senior Prom (Formal)	Choir	Leadership
First Priority	Link Crew	Spirit Assemblies

**2022-2023 ASB Officers:**

ASB President: Tony Racine

ASB Vice-President: Lane Ovenell

ASB Secretary: Chloe Corbett

ASB Treasurer: Aiden Hagglund

ASB Public Relations: Hunter Sparrow

ASB AdverTeam: Lexi Berry

ASB AdverTeam: Addison Groves-Berner

ASB Special Projects: Mac Martin

ASB Special Projects: Matthew Mendez

# Supports

## **Conferences**

We hold fall and spring conferences as an opportunity for families to meet with teachers. Family meetings can also be scheduled throughout the school year.

## **Study Skills/Resource**

Study skills and resource classes are offered to provide additional support during the school day for students. The classes are optional and satisfy an elective credit requirement.

## **Credit Retrieval**

Credit retrieval is offered both during the day and after school. Please see your counselor if you are short credits to create a plan on how to make up the credits.

## **Summer School**

Summer school is offered every August. Information is available in May of each year.

## **High School Resources**

- Stanwood High School Counseling Department (360) 629-1330
- Lincoln Hill High School Counselor (360) 629-1340
- High School Nurse (360) 629-1300 ext: 2207
- Family Support Specialist and McKinney Vento Liaison (360) 629-1392
- Student Support Advocate (360) 629-1300
- \*Catholic Community Services Counselor Available please contact School Counselor for referral
- \*Integrated Cognitive Therapies Program please contact School Counselor for referral

## **Community Resources**

### **Information and Resources**

- General Information and Referral 211
- Teen Link 6-10 p.m. (866)833-6546
- C.H.A.L.K.'s National Youth Talk Line (888) 977-3399
- National Runaway Safeline (800) 786-2929
- GLBT National Youth Talk Line (800) 246-7743
- Recovery Helpline 24/7 (866) 789-1511
- Providence Sexual Assault (425) 252-4800

### **Counseling Resources**

- Sunrise Community Mental Health, Counseling services, Stanwood (360) 926-8490
- Awareness Healing Arts, PLLC – Stanwood, Aaron Mitchell, MS, LMHCA, NCC Personal, Couples & Family Counseling, Wilderness Therapy (425) 220-6079
- Spirit Ridge Counseling, Camano Island Leslie Asplund 425-508-1262, Kurt Asplund (425) 508-1263 [www.spiritridgecounseling.com](http://www.spiritridgecounseling.com)
- The Everett Clinic, Stanwood or Smokey Point (425) 339-5453
- Shifa Health Psychiatric Assessment and medication management, Mount Vernon (360) 336-6868
- Skagit Behavioral Health counselors available in Mount Vernon & Burlington  
<http://skagitbehavioralhealth.com/> (360) 242-0400
- Access Line Schedules mental health appointments if Apple Health/Medicaid eligible (888) 693-7200

- Affordable Counseling Counseling for those with no insurance (425) 778-5544  
[www.myaffordablecounseling.com](http://www.myaffordablecounseling.com)
- Catholic Community Services Counseling, case management, med management for all kids accepts Apple Health/Medicaid (425) 257-1621  
[www.ccsww.org](http://www.ccsww.org)
- Compass Health Provide a full continuum of outpatient care for kids includes counseling, med management. Accepts Apple Health/Medicaid and sliding scale. Smokey Point (425) 212-3900  
[www.compasshealth.org](http://www.compasshealth.org)
- Counseling Centers of North Puget Sound, Mount Vernon and others (360) 568-8737

## **Family Support**

- Davis Place 9612 271st NW, Stanwood (360) 629-5257  
[www.stanwoodcamanoresources.org](http://www.stanwoodcamanoresources.org)
- Stanwood-Camano Food Bank Weekend Backpack program provides weekend food for students (360) 629-2789 hopebackpack@scfbs.org
- Dawson Place Child Advocacy Center for sexual abuse, (425) 388-7497  
[www.dawsonplace.org](http://www.dawsonplace.org)
- OPS Survivor-led support groups and other services for prostituted persons (206) 988-5463 [www.seattleops.org](http://www.seattleops.org)
- Within Reach Helping families get food, vaccinations, apply for health insurance, etc. (800) 322-2588 [www.withinreachwa.org](http://www.withinreachwa.org)
- Domestic Violence Services 24 hour hotline, DV support groups , advocacy, (425) 252-2873
- At –Risk Youth Petition (425) 388-7800, #7
- TeamChild Legal Advocacy for Youth (425) 258-3132



- Stanwood-Camano Suicide Prevention and Awareness - Information, support group, and education [www.scsuicideprevention.org](http://www.scsuicideprevention.org)
- Hopelink Transportation to medical appointments [www.hope-link.org](http://www.hope-link.org)
- Familias Unidas Latino Resource and Referral Center (425) 513-2880 [www.familysupport.lcsnw.org](http://www.familysupport.lcsnw.org)

## Medical

- Safe Harbor Free Clinic 7209 265th Suite 203, Stanwood (425) 870-7384 <http://www.safeharborfreeclinic.org/>
- Planned Parenthood Reproductive health care, Everett (425) 339-5220 [www.plannedparenthood.org](http://www.plannedparenthood.org)
- Children's Hospital Inpatient psychiatric support and eating disorder clinic (206) 987-2000
- Fairfax Hospital Inpatient psychiatric hospital for kids (425) 284-1706 [www.fairfaxbehavioralhealth.com](http://www.fairfaxbehavioralhealth.com)
- Apple Health (Medicaid) Coverage, Washington State Health Care Authority [www.hca.gov](http://www.hca.gov) 1-800-562- 3022

## Housing

- Cocoon House Housing for homeless teens, advocates for teens, parenting classes, support group and counseling (425) 259-5802 [www.cocoonhouse.org](http://www.cocoonhouse.org)
- Oasis Teen Shelter Mount Vernon Housing for homeless teens, advocates for teens, parenting classes, support group and counseling (360) 419-9058 <http://www.skagitymca.org/oasis-teen-shelter>
- Friends of Youth Housing for youth (206) 236-5437 [www.friendsofyouth.org](http://www.friendsofyouth.org)

- Safe Place Safe housing for kids 12-17 in crisis (800) 422-8336  
[www.nationalsafeplace.org](http://www.nationalsafeplace.org)

## **Parenting Support**

- Cocoon House Project SAFE free parent consultations for 90 minutes with a counselor, support group and parenting classes (425) 317-9898 [www.cocoonhouse.org](http://www.cocoonhouse.org)
- Parent Help 123 [www.parenthelp123.org](http://www.parenthelp123.org)
- CHANGES Support Group Network for Parents (360) 653-5464  
[www.cpsn.org](http://www.cpsn.org)
- PFLAG Parent and friend group of lesbian and gay kids (425) 252-5927
- National Association for Mental Illness (NAMI) Advocacy, training and support groups for a family member of a loved one struggling with a mental illness (425) 347-5365 [www.namishomishcounty.org](http://www.namishomishcounty.org)

## **Crisis Services**

- Access Line Call to ask for a designated mental health professional to be dispatched to assess a kid for voluntary or involuntary treatment. This number also can help set up an initial assessment and counseling. (800) 747-8654; (425) 388-7215
- Care Crisis Response Service Triage Line Open 24/7 to discuss crisis related needs. (800) 584-3578; (425) 258-4357
- Crisis Chat (5 days a week 3-11:30 p.m.) Crisis support via instant messaging [www.carecrisis chat.org](http://www.carecrisischat.org)
- Suicide Prevention Lifeline Support for someone who is struggling with suicide thoughts. (800) 273- 8255

- Child Protective Services: To report abuse or neglect of a child. (800) 562-5624
- Protection Order Programs (425) 388-3638
- Access Line Schedules mental health appointments if Apple Health/Medicaid eligible (888) 693-7200
- National Runaway Hotline (800) 789-2929
- The Trevor Project Providing crisis and suicide services to lesbian, gay, bisexual, transgender and questioning youth. (866) 887-3867

## Communication

### **School Messenger (Auto dialer)**

We use the School Messenger system to send communication to parents/guardians. This is done through phone and email.

### **Newsletters**

We will send electronic and/or hard copy newsletters to families during the school year. We utilize Smore Newsletters for the electronic format.

### **Website**

For the latest updates and information, please visit our high school website:

<https://shs.stanwood.wednet.edu/>

### **Skyward**

Skyward is the program the district uses to manage student information. Students have "Student Access" and parents/guardians have "Family Access". Each feature allows access to specific information. Utilizing Skyward is one way to keep up on information, such as attendance and grades.