

# WG Chicken Nuggets

## Product Information



W code: W209  
Pilgrim's #615300  
Pride:  
Serving/case: 156  
Net Weight: 30 lbs

## Crediting Information per Serving:

Serving Size: 5 pieces (3.04 oz)  
Meat or M/A: 2 oz eq  
Grain: 1 oz  
Vegetables: -  
Fruit: -  
CN Label: Yes\*  
\*Obtain from product package

## Nutrition Facts

Serving Size: 5 pieces (3.04 oz)

Amount Per Serving	
<b>Calories 200</b>	Calories from Fat 90
<b>Total Fat</b> 10 g	
Sat. Fat 2 g	
Trans Fat 0 g	
<b>Cholesterol</b> 35 mg	
<b>Sodium</b> 400 mg	
<b>Carbohydrates</b> 13 g	
Dietary Fiber 2 g	
Sugars <1 g	
<b>Protein</b> 15 g	
Vitamin D	0%
Calcium	2%
Iron	10%
Potassium	0%

## Preparation Instructions:

Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10-14 minutes.

Convection Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 8-10 minutes.

Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.

## Ingredients:

Chicken, Water, Isolated Soy Protein, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. BREADED WITH: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Salt, Sugar, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Ascorbic Acid (Vitamin C), Dextrose, Garlic Powder, Soybean Oil (as a processing aid), Extractives of Paprika. BATTERED WITH: Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Garlic Powder, Chicken Broth, Maltodextrin, Dextrose, Yeast Extract, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Ascorbic Acid (Vitamin C), Soybean Oil (as a processing aid), Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika. PREDUSTED WITH: Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Ascorbic Acid (Vitamin C), Soybean Oil (as a processing aid), Natural and Artificial Flavors, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Lactic Acid, Extractives of Paprika. Breading Set In Vegetable Oil.

Allergens: SOY and Wheat.