

# Popcorn Chicken

## Product Information

W code: W242

Tyson: # 70368-0928  
Serving/case: 159  
Net Weight: 32.79 lbs

## Crediting Information per Serving

Serving size: 12 pieces (3.3 oz)  
Meat or M/A: 2 oz eq  
Grain: 1 oz eq  
Vegetable:  
Fruit:  
CN Label: Yes\*

\*Obtain CN label from product package

## Nutrition Facts

Serving Size: 12 pieces (3.3 oz)

Amount Per Serving

**Calories 250**                      Calories from Fat 130

**Total Fat** 14 g

Sat. Fat 2.5 g

Trans Fat 0 g

Polyunsaturated Fat 7 g

Monounsaturated Fat 4.5 g

**Cholesterol** 25 mg

**Sodium** 380 mg

**Carbohydrates** 15 g

Dietary Fiber 3 g

Sugars 1 g

**Protein** 15 g

Vitamin A 2 %

Calcium 4 %

Vitamin C 0 %

Iron 10 %

## Preparation Instructions

Appliances vary, adjust accordingly

Convection Oven:  
6-8 minutes at 375°F from frozen

Conventional Oven:  
8-10 minutes 400°F from frozen

## Ingredients

Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates.

Breaded with: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color).

Breading set in vegetable oil.

Allergens: Soy and Wheat