

Chicken Teriyaki

Product Information

W code: W201
 Ling's: #8-52724-15554-8
 Serving/case: 240
 Net Weight: 42 lbs.

Crediting Information per Serving:

Serving Size: 2.4 oz.
 Meat or M/A: 2.00 oz.
 Grain:
 Vegetables:
 Fruit:
 CN Label: No

Nutrition Facts

Serving Size: 2.4 oz. (68g)

Amount Per Serving

Calories 115 Calories from Fat 30

Total Fat 3.5 g

Sat. Fat 1 g

Trans Fat 0 g

Cholesterol 70 mg

Sodium 330 mg

Carbohydrates 6 g

Dietary Fiber 0 g

Sugars 6 g

Protein 15 g

Vitamin A 0%

Calcium 0%

Vitamin C 0%

Iron 4%

Preparation Instructions:

Cooking Instructions:

Bake the chicken and sauce in a covered hotel pan at 350° until internal temperature reaches 160°. Serve over chow mein or rice.

Shelf life: 1 year frozen

Ingredients:

Chicken: Skinless chicken leg meat, water, sugar, soy sauce (water, wheat, soybean and salt) dark soy sauce (water, soybean, wheat flour, salt, sugar and extract of mushroom [product contain sulfites]) lime juice, salt, ginger, garlic, green onion.

Sauce: Water, sugar, soy sauce (water, soy beans, wheat flour, salt, sugar and extract of mushroom [contains sulfites]) modified starch, salt, lime juice, ginger, garlic, green onion.

Allergens: Soy, wheat and citrus