September 2022

Stanwood-Camano School District

Lunch Menu

| Menu Prices Breakfast Lunch K-5 th grade \$1.50 \$3.00 | Meals are full price this 2022-2023 school year! | | Vegetarian Option | |
|--|--|--|--|---|
| 6-12 th grade \$1.75 \$3.25 Adult \$2.75 \$4.75 Reduced k-12 \$0.00 \$0.00 | However, we encourage you to fill out a Free & Reduced Application as it may allow your student to gain access to a number of different waivers and discounts. Applications are available online or at your child's school. | | | 1 Yogurt & 1 Cheese Stick Fruit and Vegetable of the Day, Bread/Grain, and Milk |
| Food Service is experiencing supply shortages from our vendors due to manufacturing and trucking issues. What this means for our meals is we may be out of the items on the menu (choices) however we will still have meals that meet the USDA guidelines for a nutritious meal. | | | 1-Sep School Starts BIG DADDY'S ASSORTED PIZZA Fruit & Vegetables Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | 2-Sep BURRITO & SALSA Fruit & Vegetables Fresh &canned 1% Milk, FF chocolate Or Vegetarian Option |
| 5-Sep | 6-Sep | 7-Sep | | 9-Sep |
| LABOR DAY NO SCHOOL | WG CORNDOG BAKED Baked Beans Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | BIG DADDY'S ASSORTED PIZZA Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | GRILLED CHEESE SANDWICH Fruit & Vegetables Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | WG MAC N CHEESE w/ WG ROLL Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option |
| 12-Sep | 13-Sep | 14-Sep | 15-Sep | 16-Sep |
| CHICKEN NUGGETS w/WG BREADING | CHEESEBURGER on WW BUN | BIG DADDY'S ASSORTED PIZZA | ORANGE CHICKEN on RICE | BREAKFAST BURRITO |
| Baked beans Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Vegetables Fresh &canned 1% Milk, FF chocolate Or Vegetarian Option BIRTHDAY BROWNIE |
| 19-Sep | 20-Sep | 21-Sep | 22-Sep | 23-Sep |
| RIPPER PIZZA | BBQ GRILLED CHICKEN SANDWICH | BIG DADDY'S ASSORTED PIZZA | (turkey) HAM & CHEESE SANDWICH | CHILI CHEESE SLOPPY JOE on WG BUN |
| Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option |
| 26-Sep | 27-Sep | 28-Sep | 29-Sep | 30-Sep |
| CHICKEN NUGGETS w/ WG BREADING | CHICKEN BURGER on WW BUN | BIG DADDY'S ASSORTED PIZZA | TERIYAKI CHICKEN on RICE | WG FISH SANDWICH on WW BUN |
| Baked beans Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Veggies Fresh & canned 1% Milk, FF chocolate Or Vegetarian Option | Fruit & Vegetables Fresh &canned 1% Milk, FF chocolate Or Vegetarian Option |

The Stanwood-Camano School District does not discriminate in employment, programs, or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Affirmative Action Officer and Civil Rights Compliance Coordinator, Maurene Stanton (mstanton@stanwood.wednet.edu), or the Section 504/American Disabilities Act Coordinator, Robert Hascall rhascall@stanwood.wednet.edu) Stanwood-Camano School District, 26920 Pioneer Hwy, Stanwood, WA 98292. Telephone: (360) 629-1200.