



Peer Helping Application: 2022/2023
APPLICATION DUE DATE – ASAP to Mrs. Grace,
christina_grace@crpusd.org

Name: _____ Age/grade for next year _____

Address: _____

Phone: _____ Email: _____

Parent/Guardian Email: _____

A. What five adjectives would you use to best describe yourself?

- 1.
- 2.
- 3.
- 4.
- 5.

B. List Three things your friends might say about you:

- 1.
- 2.
- 3.

C. Please list your extracurricular activities (sports, work, etc.):

Teacher Recommendation:

Directions: Please give a short description of why this student would make a good Peer Helper:

1. Name of Teacher: _____ Signature: _____

Reasons:

2. Name of Teacher: _____ Signature: _____

Reasons:

Student Explanation Paragraph: Please describe why you want to be a Peer Helper for the 2022/2023 year.

What is Peer Helping?

Peer Helping is designed to teach the process of helping another person through peer assistance leadership. Students will enter into one-to-one helping relationships; assume leadership roles, discuss leadership roles, advise, tutor, participate in public speaking, peer counseling, conflict management, peer mediation, team building and in other interpersonal helping roles. Peer helping is based on the fact that youth often seek out their peers when they are experiencing some frustration, worry or concern. Children and adolescents want to help each other, yet they often do not know how or what to do. Peer helpers are trained and supervised to provide any or all of the following:

- listening and understanding;
- friendship and support;
- decision making assistance;
- tutoring and academic help;
- educational, career, and health information;
- role modeling for younger children;
- mediation and conflict resolution;
- problem-solving assistance; and
- Referral to professionals.

How Do Peer Helpers Help?

Peer helpers roles are determined by the type of training provided as well as school and community needs. Some typical assignments include working as:

- Peer Tutors: helping students with academic and social skills learning;
- Buddies: helping younger or new students make transitions into a new school;
- Discussion Leaders: assisting with topics of concern to other children and adolescents;
- Career Assistants: helping with career choices and resources;
- Special Project Assistants: designing and coordinating services and projects of benefit to others in the community;
- Academic Assistants: helping students set goals, consider options and plan actions;
- Referral Agents: helping youth get connected to appropriate specialists;
- Peer Counselors: helping others sort-out concerns, brainstorm ideas, and provide practical help;
- Conflict Mediators: assisting others to resolve disputes;
- Peer Educators: assisting others in learning and using important health and social information;
- Role Models: helping others learn appropriate behaviors;
- Outreach Workers: reaching out to the troubled or lonely.

What Peer Helping Is Not!

Peer helpers do not make decisions for others. They may suggest options or alternatives, identify consequences, or share their experiences, but they do not give advice or tell others what to do. Peer helpers do not provide therapy or treatment. They are neither replacement for professional service providers, nor are they substitutes for clerical staff.