

**2022 - 2023  
Request for Lactose- Free Milk**

Zumbrota-Mazeppa Public Schools will provide lactose-free milk for children with lactose intolerance at no charge with a full meal. Students may purchase lactose-free milk a la carte or for milk break for an additional fee. Parents can request lactose-free milk for their student by filling out a Request for Lactose – Free Milk form. **Please note that this request must be kept current and submitted each year.**

Submit requests to:  
Food & Nutrition Director, Zumbrota-Mazeppa Public Schools  
705 Mill St.  
Zumbrota, MN 55992  
[brentl@zmsch.k12.mn.us](mailto:brentl@zmsch.k12.mn.us)



<b>PARTICIPANT INFORMATION</b> <b>PARENT OR GUARDIAN MUST COMPLETE EACH YEAR. PLEASE PRINT.</b>			
Participant's Name: Last / First / Middle Initial			Today's Date:
Name of School Attended:	Teacher:	Grade Entering:	Date of Birth:
Grade:			Key Pad Number:
Parent/Guardian Name:		Home Phone Number:	Work Phone Number:
Parent /Guardian Address:	City:	State:	Zip Code:
Parent/Guardian Signature: _____  Date: _____			
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Zumbrota-Mazeppa Public Schools will provide lactose-free milk for children with a written Request for Lactose – Free Milk form at no charge with a meal. Request for Lactose – Free Milk forms can be found on the Food and Nutrition website and should be returned to the Food & Nutrition Director at the address listed above.

A la Carte Prices:

Lactose-Free Milk \$1.25