

# JUNE 2022

Breakfast and Lunch FREE to all Students!

**Beaver Brook & Woodsdale**

Questions? [berniedarcy@abingtonps.org](mailto:berniedarcy@abingtonps.org)

Menu Subject to change based on unforeseen product shortages and delivery delays.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**PLEASE NOTE:** Carbohydrate counts are based on information obtained from manufacturers and your food provider's recipes and may vary due to product substitutions and/or recipe variations. This information serves only as a general guideline and should not be solely relied upon for those with a medical condition

6

**Crispy Chicken Sandwich 45g**

Lay's Fun Chips 9g  
Sweet Peas 9g  
Dried Cranberry Pouch 22g  
Ice Cold Milk

7

**Cheeseburger 28g**

Baked Beans 20g  
Steamed Carrots 6g  
Sweet Peach Cup 19g  
Ice Cold Milk

1

**Hot Dog in a Bun 26g**

Baked Beans 20g  
Green Beans 4g  
Sweet Peach Cup 22g  
Ice Cold Milk

2

**Meatball Sub Marinara 43g**

Steamed Carrots 6g  
Applesauce Cup 14g  
Ice Cold Milk

3

**Stuffed Crust Pizza 38g**

Caesar Salad  
with Garbanzo Croutons 10g  
Fruit of the Day 22g  
Ice Cold Milk

13

**Pasta with Meat Sauce 51g**

Steamed Carrots 6g  
Sweet Cherries 11g  
Ice Cold Milk

14

**Toasted Cheese Sandwich 31g**

Cucumber Wheels 6g  
Rold Gold Pretzel Twists 11g  
Applesauce Cup 14g  
Ice Cold Milk

15

**Hot Dog in a Bun 26g**

Baked Beans 20g  
Green Beans 4g  
Sweet Strawberry Cup 22g  
Ice Cold Milk

16

**Chicken Mix UP!**

All Breaded, Any style 16g  
Buttery Egg Noodles 21g  
Mixed up Veggies 9g  
Applesauce Cup 14g  
Ice Cold Milk

17

**Personal Pan Pizza 38g**

Caesar Salad  
with Garbanzo Croutons 10g  
Fruit of the Day 22g  
Ice Cold Milk

20

No School

JUNETEENTH

21

**Cheeseburger 28g**

Baked Beans 20g  
Steamed Carrots 6g  
Fruit of the Day 22g  
Ice Cold Milk

22

**Pizza Bonanza 38g**

All Cheese, Any Style  
Oven Roasted Broccoli 5g  
Fruit of the Day 22g  
Ice Cold Milk

23

Last School Day

**Deli Style Turkey Sandwich 14g**

Snack Chips, Asst. Varieties 14g  
Mango Wango Juice Box 14g  
Applesauce Cup 14g  
Ice Cold Milk

24

Summer  
Vacation Begins!

27

28

29

30

Alternate Choices

School Made Cheese Pizza Lunch 32g (served daily, except when pizza is the main meal) includes pizza, milk and fruit & vegetable of the day. See calendar day above for fruit and vegetable with pizza lunch.

Cereal Fun Lunch (Mon. & Thur. Lucky Charms 23g – Wed. Frosted Flakes 25g - Tues. & Friday Cinnamon Toast Crunch 22g)

GF Cheerios 21g, GF Cinnamon Chex 23g, GF Lucky Charms 23g also available!

Cereal Fun Lunch includes Cereal, Milk- white 13g choc 20g, Yogurt 19g, Veggie Juice 13g & Fruit of the Day! See calendar day above for fruit served with cereal lunch.

Lactaid and Soy Milk Available!