



East Prairie High School

October
2022

Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Mini Pancakes Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection</p> <p>1% Milk</p>	<p>4</p> <p>Cinnamon Roll Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection 1% Milk</p>	<p>5</p> <p>Sausage Breakfast Pizza Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>6</p> <p>Yogurt Parfait with Fruit & Granola Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection</p> <p>1% Milk</p>	<p>7</p> <p>Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection</p> <p>1% Milk</p>
<p>10 No School</p>	<p>11</p> <p>Strawberry Cream Cheese Filled Bagel Sausage Breakfast Biscuit Biscuits & Gravy</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>12</p> <p>Long John Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection 1% Milk</p>	<p>13</p> <p>Yogurt Parfait with Fruit & Granola Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>14</p> <p>Mini Eggo Waffles Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>
<p>17</p> <p>Mini Pancakes Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fruit or Juice Selection 1% Milk</p>	<p>18</p> <p>Soft Cinnamon Toast Crunch Bar Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>19</p> <p>Donut Holes Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>20</p> <p>Yogurt Parfait with Fruit & Granola Sausage Breakfast Biscuit Biscuits & Gravy</p> <p>Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection</p> <p>1% Milk</p>	<p>21</p> <p>Breakfast Burrito Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection</p> <p>1% Milk</p>
<p>24</p> <p>Cinnamon Roll Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>25</p> <p>Chocolate Crescent Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Fruit or Juice Selection</p> <p>1% Milk</p>	<p>26</p> <p>Strawberry Cream Cheese Filled Bagel Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>	<p>27</p> <p>Yogurt Parfait with Fruit & Granola Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk</p>	<p>28</p> <p>Cinnamon Cream Cheese Filled Bagel Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk</p>
<p>31</p> <p>Mini Pancakes Sausage Breakfast Biscuit Biscuits & Gravy Choice of Cereal Graham Crackers</p> <p>Fruit or Juice Selection 1% Milk</p>				

PRICES

EXTRA INFO

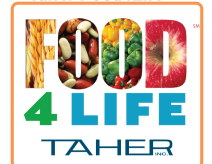
1% White or Chocolate milk is included with this meal.
If you have questions or Comments Please Email:
jennifer.jones@eastprairie.org or call 649-3564 ext 1312

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



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