

Central Community High School Lunch Menu

December
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Flatbread Choice Glazed Carrots Broccoli Salad Fresh Fruit Bar 1% Milk	2 Corn Dog Green Beans Baby Carrots Fresh Fruit Bar
5 Ravioli with Meat Sauce Rip Stick Breadstick Celery Sticks Canned Fruit Bar 1% Milk	6 Chicken Tacos Corn & Black Bean Salsa Sour Cream Salsa Fresh Fruit Bar 1% Milk	7 HOM: Sweet Potato BBQ Chicken Sandwich Roasted Broccoli Spicy Sweet Potato Wedges Canned Fruit Bar 1% Milk SideKicks Kiwi-Strawberry	8 Pepperoni Pizza Steamed Green Beans Baby Carrots Fresh Fruit Bar 1% Milk	9 Farm Fresh Friday Crispy Chicken Tenders Cheesy Mashed Potatoes Steamed Carrots Canned Fruit Bar 1% Milk
12 Chicken Bites w/ Sweet & Sour Sauce Buttered Noodles Steamed Peas Celery Sticks Fresh Fruit Bar 1% Milk	13 Sloppy Joe on a Bun Baked Beans Broccoli Florets Canned Fruit Bar 1% Milk Sugar Cookie	14 Grilled Cheese Sandwich Homemade Chicken Noodle Soup Roasted Corn Canned Fruit Bar 1% Milk	15 Meatball Sub Choice Tater Tots Roasted Cauliflower Canned Fruit Bar 1% Milk	16 Farm Fresh Friday Buffalo Chicken Pizza Steamed Corn Celery Sticks Fresh Fruit Bar 1% Milk
19 HOM: Tangerine French Toast Sausage Patty Breakfast Potatoes Baby Carrots Fresh Fruit Bar 1% Milk	20 Roast Turkey & Gravy Mashed Potatoes Steamed Corn Cherry Tomato Canned Fruit Bar 1% Milk	21 Baked Beans Fresh Fruit Bar 1% Milk chef choice	22	23
26	27	28	29	30

PRICES

EXTRA INFO

Milk (White 1% & Skim, Chocolate 1%)
available daily
Assorted Fruits available daily

HARVEST OF



THE MONTH

Menus and nutrition
our app
TaHer Food4Life®

