

Coaches Biography

Vincent Putignano (**Athletic Director / Baseball / Cross Country**)

Baseball has been, and always will be, my greatest passion. My heart is not only in the classroom, but on the diamond. This marks my second-year coaching baseball at RMS and 11 years coaching baseball overall. This will be my first-year coaching XC. My goal going into every season is to ensure players are having fun, learning, and preparing them for the next level. Accountability, positive attitude, leadership, and sportsmanship are some of the qualities I look for in players I coach. I am looking forward to another exciting season here at Ridgedale Middle School!

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Rebecca Dalo (**Cross Country**)

This is my seventh year teaching at Ridgedale Middle School. Last year I coached cross country and spring track. I grew up running track when I was in middle school and high school, and it continues to be a passion of mine. I am looking forward to coaching another year of cross country and seeing the improvement in the runners as the weeks progress!

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Lindsay Klymko (**Girls Soccer**)

I am a 6th grade language arts teacher and have been the girls soccer coach at Ridgedale Middle School for 6 years. Growing up, I played several sports including soccer, basketball, and lacrosse. I genuinely enjoy coaching and spending the fall with the team. I am looking forward to another great season!

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Brian McParland (Boys Soccer / Girls Basketball / Girls Volleyball / Girls Softball)

This will be my 19th year at Ridgedale Middle school, 18th coaching at RMS. For the middle school athlete, sports are an important part of their growth. Teamwork, communication, supporting each other, leadership, mentoring, practice and achieving goals are all part of the experience for the teams I coach. Last year's boys soccer team reached the Group 3 Finals (#SHIP) with a 15-2-1 record. Girls basketball had great success winning 8 games and losing 4, and the softball team went 15-1 winning the Group 3 Morris County Championship (#SHIP). I also look forward to coaching the girls volleyball team this year as well. Looking forward to lots of practice, improvement, and maximum effort to achieve our goals as a team this year. Let's go Panthers!

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Daniel Ring (Boys Basketball / Boys Volleyball)

This will be my 16th season coaching basketball, my first at Ridgedale. Prior to Ridgedale, I have spent 5 seasons at Kennedy High School, 9 seasons at Passaic Valley High School, and the past 2 seasons at Ramapo High School. This will be my first season coaching volleyball. I will hold my teams to high standards of respect, responsibility, and hard work. I believe co-curricular activities can have positive influences, not only physically, but emotionally and socially as well. I look forward to working with the athletes and giving them a constructive outlet to improve their overall wellness.

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Brendan Lenox (Wrestling)

Wrestling is one of the oldest sports in the world, and I believe it is one of the best. I not only enjoy teaching in the classroom, but also on the wrestling mat. This will be my first year coaching wrestling here at RMS, but this will be my third year coaching wrestling. Prior to coaching here, I helped coach the Randolph High school team, and assisted multiple wrestlers achieve their dream of qualifying for states. I myself started my wrestling career in Middle School and I hope to encourage others to join the sport. As a wrestling coach, I wish to instill courage, sportsmanship, and self confidence to mold all participants on my team into upstanding citizens for today's world. I look forward to an exciting first year, and for the many years to come!

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