



LINCOLNVILLE
CENTRAL
SCHOOL
SKI/SNOWBOARD
CLUB

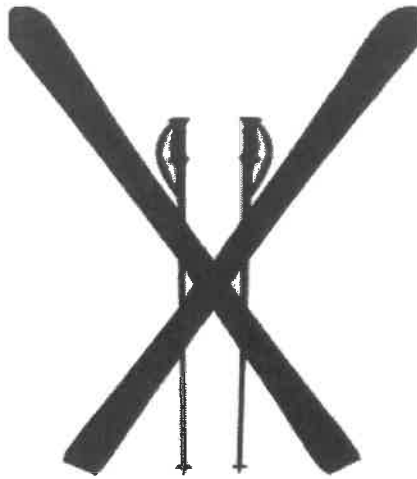
AFTER SCHOOL
SKI AND SNOWBOARD
AT THE CAMDEN SNOW BOWL
JANUARY AND FEBRUARY 2023

**Our first ski outing is January 13th! Please return the
Registration/Permission form by Wednesday, 12/21.**

Weekly forms will go home after the holiday break.

- THE PROGRAM RUNS ON FRIDAYS IN JANUARY (13, 20, 27) AND FEBRUARY (3,10,17), DEPENDING ON WEATHER/CONDITIONS.
- CHILDREN UNDER 7 MUST BE MET BY A PARENT/GUARDIAN AT THE SNOW BOWL. PARENTS CAN ARRANGE A PRIVATE LESSON FOR THIS AGE GROUP BY CALLING THE SNOW BOWL SKI SCHOOL DIRECTLY. THESE LESSONS ARE CALLED "ANKLE BITTER" LESSONS.
- CHILDREN 7-9 ARE STRONGLY ENCOURAGED TO PARTICIPATE IN THE GROUP LESSONS OFFERED BY THE SNOW BOWL. PLEASE CONTACT THE SNOW BOWL SKI SCHOOL DIRECTLY FOR AFTER SCHOOL LESSONS. THESE LESSONS ARE CALLED "K.A.T.S." LESSONS. FRIDAY 4-5:30 LESSONS ARE PREFERRED, AS YOUR CHILD CAN RIDE THE BUS TO THE SNOW BOWL FOR THEIR LESSON.
- NEW THIS YEAR- IF YOUR CHILD HAS A SEASON PASS AND ONLY NEEDS TO RIDE THE BUS, YOU WILL NOT NEED TO FILL OUT A WEEKLY FORM. YOU WILL FILL OUT THE REGISTRATION/PERMISSION FORM AND CHECK WHICH WEEKS YOUR CHILD WILL ATTEND.

QUESTIONS? PLEASE CONTACT AMELIA GRANT at amelia@thegrighthouse.org



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This packet is intended for participants that do not have a season pass.

Our first ski outing is January 13th! All attached forms must be returned to LCS by Monday, January 9th.

Please read the attached documents thoroughly.

- TRANSPORTATION & PAYMENT FORM IS DUE ON MONDAYS!
- CHILDREN UNDER 7 MUST BE MET BY A PARENT/GUARDIAN AT THE SNOW BOWL.
- CHILDREN 7-9 ARE STRONGLY ENCOURAGED TO PARTICIPATE IN THE GROUP LESSONS OFFERED BY THE SNOW BOWL. PLEASE CONTACT THE SNOW BOWL SKI SCHOOL DIRECTLY FOR AFTER SCHOOL LESSONS.
- SEASON LEASE EQUIPMENT INFORMATION IS INCLUDED. A SEASON LEASE OF EQUIPMENT SAVES YOU AND YOUR CHILD(REN) TIME BY ELIMINATING THE WEEKLY STOP AT THE RENTAL SHOP.
- THERE ARE TWO FORMS TO FILL OUT: EQUIPMENT RENTAL FORM (IF NEEDED) IS A ONE TIME ONLY AND THE TRANSPORTATION/PAYMENT FORM IS **DUE WEEKLY**.
- EACH PARTICIPANT, INCLUDING PARENTS NEEDING LIFT TICKETS, NEEDS TO FILL OUT A WEEKLY TRANSPORTATION & PAYMENT FORM.

QUESTIONS? PLEASE CONTACT AMELIA GRANT at amelia@thegrighthouse.org

Lincolnton Central School

2023 After-School Ski/Snowboard Program

The Lincolnton Central School is offering an after-school Ski/Snowboard Program again in 2023. This is a great program for your children to get to the mountain and ski/snowboard. Please read over the information below as well as attached documents and return all forms, permission slips & fees to the school by **Monday, January 9th** for our first outing on Friday, January 13th.

2023 After School Ski/Snowboard Program Information

- The After School Ski/Snowboard Program is geared towards 2nd through 8th graders. Children below 2nd grade (under age 7) need to be accompanied by an adult family member or be met at the Snow Bowl by an adult upon our arrival.
- Children ages 7-9 are strongly encouraged to sign up for group lessons if the parent will not be at the Snow Bowl. Sign up by contacting the Snow Bowl Ski school directly. The best option for new skiers/riders is the K.A.T.S. program (ages 7 and up) on Fridays from 4-5:30.
- Children will ride the bus to the Snow Bowl unless a parent arranges other transportation.
- If you have a child in Kindergarten or First grade who is interested in the Skiing/Snowboarding Program please contact Amelia Grant at amelia@thegranthouse.org (207) 323-0079. You may also contact the after-school coordinator, Hannah Burke at Hannah.burke@fivetowns.net.

PARENTS & LCS STAFF WELCOME!

This is an affordable way for parents, family members, as well as LCS Staff to come out & ski/snowboard as well. If you would like to take advantage of the group rates, please fill out and sign a Transportation & Payment form for each week you would like to attend.

Dates & Times

The program runs on Fridays in January & February. Skiers/snowboarders may attend one or as many sessions as they wish. Current planned dates are: January 13th, 20th, 27th, February 3rd, 10th, 17th.

The bus will leave LCS approximately 3:15 pm and arrive at the Snow Bowl approximately 3:40 pm. The bus is ONE WAY and will NOT return to LCS.

Children will need to be picked up at the Camden Snow Bowl by a parent or other properly identified adult by 5:30 pm. **Please find a chaperone in the lodge and sign your child out before leaving the Snow Bowl.** If your child will be staying past 5:30 pm they will be unsupervised, and we will need a signed note stating you give your permission for them to stay (see the enclosed Transportation & Payment form.)

The Snow Bowl closes at 7:00pm.

Costs

Ski Costs Per Week

- Lift Ticket \$16 (required unless you have a Season Pass to the Camden Snow Bowl)
- Equipment Rental \$16 (optional) and must be booked through the Snow Bowl
- Children 5 and under ski free when accompanied by a paying adult

Lessons	Equipment Rentals
<ul style="list-style-type: none"> ❖ All lessons must be booked directly through the Snow Bowl Ski school. 207-236-3438. ❖ K.A.T.S. Group lessons (skiing or snowboarding) start at 4:00 PM and last until 5:30 PM. Ages 7+ ❖ The price of a lesson <u>does not</u> include a lift ticket. The Snow Bowl requires the student to have a lift ticket in order to take a lesson. ❖ Group lessons are only available to children 7 and older. ❖ If your child is new to skiing/snowboarding please plan on picking them up at the Snow Bowl when their lesson ends at 5:30 PM. ❖ Children under age 7 may be able to sign up for “Ankle biter” lessons. Contact the Snow Bowl ski school for availability. 	<ul style="list-style-type: none"> ❖ If ski or snowboard rental equipment is needed, a Camden Snow Bowl rental agreement form, and payment must be completed and turned in on the Monday prior to the Friday ski date. The rental form only needs to be filled out once per season, but the payment form MUST be filled out each week your child needs rentals, with rental box checked on the payment form. ❖ If the information on the rental form is not complete, equipment may not be ready when our group arrives. The Snow Bowl cannot give out rental equipment without the proper release signatures. ❖ At the end of each session, each individual who is financially responsible for that rental must return all rental equipment to the Rental Shop. ❖ The Snow Bowl requires that a lift ticket be purchased to rent equipment. ❖ Sidecountry Sports and Maine Sport offer Season lease programs. The lease allows your child to rent their ski/snowboards and boots for the entire season without having to turn in the equipment each time they use it. (Your child will be able to take their equipment home with them for the entire season).

Sign Up & Paperwork

Forms, waivers & and payment for options selected (lift tickets &/or rentals) are due in the school office by 3:00pm on the Monday before we ski. This needs to be done one week at a time. Other family members wishing to join us at the Snow Bowl to ski must also fill out the Transportation & Payment form for each ski session they plan to attend.

Checks should be made payable to the Camden Snow Bowl.

List of Forms	Required/Not required	Frequency
1. LCS Downhill Ski/Snowboard Program Registration/Permission form	Required for everyone participating with LCS, even if a season pass holder.	<ul style="list-style-type: none"> • One form for each participant • Fill out & return one time • This form was sent home in December
2. LCS Transportation & Payment form	Required, unless participant is a season pass holder.	<ul style="list-style-type: none"> • One form for each participant; returned to LCS with payment • Fill out & return for each trip date
3. Camden Snow Bowl Equipment Rental form	Required for RENTAL Only	<ul style="list-style-type: none"> • One form for each participant; kept on file at the Snow Bowl • Height, weight and shoe size are required • Select skier or rider • Select ability (guide is on form)

OTHER PROGRAM INFORMATION

- **Chaperones needed:** Scheduled trips will only happen if we have at least 2 parent chaperones for each Friday (either on the slopes or in the lodge.) Please contact Amelia Grant or Hannah Burke if you are available to chaperone.
- Sometimes weather conditions make it necessary to cancel an evening ski session. That decision will be made on that day by the Snow Bowl, Amelia Grant/Hannah Burke and/or the bus company. If cancellation is needed, an announcement will be made at school, and your child will go home after school on their regular bus. Skiing is a winter sport. Be sure that your skiers are dressed appropriately for all weather conditions.
- Skiers meeting our group at the Snow Bowl will need to meet the chaperones in the Lodge or Rental Office after the arrival of the bus to receive their lift tickets. They should not attempt to get tickets from the ticket office at the Snow Bowl.
- Participation in the Ski Program depends upon continued cooperation and good behavior at the Snow Bowl and on the bus. School rules and behavioral expectations will be followed. Any difficulty in this area will result in non-participation in the following ski sessions.
- Students who have their own ski equipment cannot bring it to and from school on the regular school bus. Parents will need to bring it to the school and store it in the hallway at the school. Alternatively, parents may drop equipment off at the Snow Bowl. Please remember that skis, boards and poles must be left on the racks in front of or behind the lodge. All other equipment may be stored in cubbies inside the lodge.
- A food concession, Snow Dogs, is available at the ski lodge. Participants should bring money or pack a bag with food and drinks. The Snow Bowl also sells gift cards that may be redeemed at Snow Dogs.
- Please find a chaperone in the lodge and sign your child out before leaving the Snow Bowl.

**All paperwork is available on the school's web site under the PARENT RESOURCE tab
www.fivetowns.net/lcs**

RENTAL GEAR FORM



Please fill out the following on the equipment rental form below, so we can prepare rental equipment and have it ready upon arrival at the Camden Snow Bowl.

If you are under 18, a parent or guardian must fill out and sign this form.

SCHOOL NAME:	TEACHER NAME:
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PARENT/GUARDIAN RESPONSIBLE FOR EQUIPMENT			
LAST NAME		FIRST NAME	
STREET ADDRESS			
CITY	STATE	ZIP	
HOME PHONE		MOBILE PHONE	
EMAIL			
PARENT/GUARDIAN SIGNATURE			
I HAVE READ, UNDERSTAND AND AGREE TO THE WARNING/ LIABILITY RELEASE & AGREEMENT NOT TO SUE (see right)			

STUDENT:	<input type="checkbox"/> SKI	<input type="checkbox"/> SNOWBOARD	(Circle one)
LAST NAME		FIRST NAME	
AGE	HEIGHT	WEIGHT	SHOE SIZE
Experience Level:		Snowboard Preference:	
<input type="checkbox"/> I – Beginner	<input type="checkbox"/> Regular – left foot forward, dominant right foot is in back		
<input type="checkbox"/> II – Intermediate	<input type="checkbox"/> Goofy – right foot forward		
<input type="checkbox"/> III – Advanced			

TECHNICIAN USE ONLY BELOW			
Sole Length	Skis		Boots:
	Snowboard		
Skier Code	Toe	Heel	TECH SIGNATURE:
	Toe	Heel	

Warning/Liability Release and Agreement Not to SUE

I have received the equipment listed on this agreement and have been instructed on its use. I verify that the personal information (height, weight, age, skier classification) on this ticket is correct. If at any time I feel the equipment is not functioning properly, I will stop using it and return it for inspection, repair or adjustments.

I understand and agree that skiing, snowboarding and other winter sports are HAZARDOUS activities, that INJURIES from various causes are an INHERENT RISK of participating in these activities, and that injuries to any or all parts of my body are a COMMON AND ORDINARY OCCURRENCE during these activities. I freely accept and ASSUME ALL RISKS OF INJURY OR DEATH that may occur while using this equipment.

ALPINE SYSTEMS: I have confirmed that the visual release indicators on the alpine ski bindings are the same as those designated on this ticket. I understand and agree that alpine ski/boot/binding systems CANNOT RELEASE OR RETAIN in all situations where release or retention may prevent injury, that they therefore CANNOT GUARANTEE MY SAFETY, and that undesired release or retention are inherent risks of skiing.

SNOWBOARDS AND X-C: I understand that the binding systems on snowboards and cross-country skis are NOT INTENDED TO RELEASRE in a fall or upon impact.

HELMETS: I understand and agree that no headgear can protect against all foreseeable impacts, that skiing and snowboarding can expose the user to forces which exceed the limits of protection offered by this helmet, that helmets do not guard against injury to the neck, spine, face or any other part of the body, and that these features are inherent risks of skiing and snowboarding. Helmets must be properly fitted to each user, and I agree that this helmet has been properly fitted by the provider. I warrant that the helmet is comfortably snug and that when I fasten the chin strap and shake my head there is no significant movement of the helmet. I agree that if the helmet is damaged or involved in any kind of accident, I will stop using it immediately, return it to the shop and report the accident or damage.

To the fullest extent allowed by law, I agree to RELEASE FROM LIABILITY, and to INDEMNIFY AND HOLD HARMLESS The Rossignol Group and all other manufacturers and distributors of the equipment provided to me under this agreement, any involved winter sport area, shop or service technician, and their owners, agents, employers and employees for any injuries, damages or death related to the use of this equipment. I FURTHER AGREE NOT TO MAKE A CLAIM OR SUE FOR INJURIES OR DAMAGES RELATING TO THE USE OF THIS EQUIPMENT, whether such claim is based on NEGLIGENCE, breach of warranty, product defect or any other theory. I accept this equipment A/S IS with no warranties, express or implied. These waivers and obligations extend to my heirs and assigns.

THIS DOCUMENTS IS A LEGALLY BINDING CONTRACT which supersedes any other agreements or representations by or between the parties. it shall be interpreted to provide as broad and inclusive a release of liability as is legally possible, but is not intended to assert any claims or defenses which are prohibited by law. If any part of this agreement is deemed void or unenforceable, the remainder shall be given full force and effect. The specific rights of the parties under this contract may vary from state to state.

If this equipment is to be used by someone other than me, I certify that I am signing it as agent, parent or legal guardian for the user and that i will provide this form and all warnings and information to the user.

Lincolnton Central School Downhill Ski/Snowboard Program

2023 Transportation & Payment Form

Complete & return this form weekly with payment

Season pass holders DO NOT need to fill this form out. All others MUST fill this form out weekly!

Participant Name:	Trip Date
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Transportation TO the Snow Bowl– please indicate the following:

My child will take the bus to the Snow Bowl

I will drive my child to the Snow Bowl

If your child will be picked up by someone other than a parent, please indicate

Name

Contact Number

Transportation FROM the Snow Bowl– please indicate the following:

My child will be picked up at the Camden Snow Bowl by 5:30 PM

If your child will be picked up by someone other than a parent, please indicate

Name

Contact Number

My child has permission to stay at the Camden Snow Bowl past 5:30 PM and I am aware that they will no longer be supervised by a chaperone

Parent Signature

Snow Bowl Options – please indicate the following:

Ski

Snowboard

Lift Ticket \$16.00

SIGNED UP FOR
K.A.T.S. LESSONS? _____

Total Due: \$

Rentals \$16.00

(book thru CSB)

CHILDREN UNDER AGE 7 MUST BE MET AT THE SNOW BOWL BY A GUARDIAN.

Attach payment to the form (or place in an envelope) & return to Lincolnton Central School before 3pm on the Monday before the Trip Date. Make checks payable to Camden Snow Bowl.

In the event of a canceled ski date, my child will follow his/her regular Friday schedule.

PARENT SIGNATURE _____