


September Lunch 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>6 Hamburgers & Hotdogs Pasta Salad Fresh Fruit/Veggies Milk</p>	<p>7 Chicken Caesar Wrap Pasta Salad Veggies Milk</p> 	<p>8 Chicken Bacon Ranch Sandwich Fresh Fruit/Veggies Milk</p> 	<p>9 Chicken Patty French Fries Fresh Fruit/Veggies Milk</p> 
<p>12 Chicken Fried Rice Fresh Fruit/Veggies Milk</p>	<p>13 Chop Suey Garlic Bread Fresh Fruit/Veggies Milk</p>	<p>14 Pepperoni or Cheese Pizza Assorted Fruit Milk Variety</p>	<p>15 Turkey or Ham Club Pasta Salad & Chips Fresh Fruit/Veggies Milk</p>	<p>16 BBQ Pork Sandwich French Fries Fresh Fruit/Veggies Milk</p>
<p>19 Meatball Sub Coleslaw Fresh Fruit/Veggies Milk</p>	<p>20 Chicken Parm WG Dinner Roll Fresh Fruit/Veggies Milk</p>	<p>21 Tacos Garden Salsa/WG Rice & Beans Fresh Fruit/Veggie Milk</p>	<p>22 Pancakes & Sausage Hash brown Eggs Fruit Salad Milk</p>	<p>23 Chicken Nuggets French Fries Fresh Fruit/Veggies Milk</p>
<p>26 Mandarin Orange Chicken w/ Rice Assorted Fruit Milk Variety</p>	<p>27 Spaghetti WG Garlic Bread Fresh Fruit/Veggies Milk</p>	<p>28 Pepperoni or Cheese Pizza Assorted Fruit Milk Variety</p>	<p>29 Chef's Choice Fresh Fruit/Veggies Milk</p>	<p>30 Shepherd's Pie WG Dinner Roll Fresh Fruit/Veggies Milk</p>
	<p>Student \$0.00 Adult \$3.75 Milk only .40</p>		<p>LCS Garden Harvest Month: Serving fresh veggies from the garden daily. All bread served is Whole Grain</p>	<p>This Institution is an equal opportunity provider.</p>

Monday	Tuesday	Wednesday	Thursday	Friday
	6 Breakfast Pizza Fresh Fruit Yogurt Milk	 7 Breakfast Sandwich Fresh Fruit Cheese Stick Milk	 8 Warm Bagel w/ Cream Cheese Fresh Fruit Milk	9 Parfait Fresh Fruit Goldfish Milk
12 Breakfast Pizza Fresh Fruit Yogurt Milk	13 Homemade Muffins Fresh Fruit Yogurt Milk	14 Sunrise Egg Muffin Fresh Fruit Cheese Stick Milk	15 Tornados Fresh Fruit Yogurt Milk	16 Parfait Fresh Fruit Goldfish Milk
19 Breakfast Pizza Fresh Fruit Yogurt Milk	20 Homemade Muffins Fresh Fruit & Yogurt Milk	21 Breakfast Sandwich Fresh Fruit Cheese Stick Milk	22 Warm Bagel w/ Cream Cheese Fresh Fruit Milk	23 Parfait Fresh Fruit Goldfish Milk
26 Breakfast Pizza Fresh Fruit Yogurt Milk	27 Homemade Muffins Fresh Fruit & Yogurt Milk	28 Sunrise Egg Muffin Fresh Fruit Cheese Stick Milk	29 Tornados Fresh Fruit Yogurt Milk	30 Parfait Fresh Fruit Goldfish Milk
	<p>Student \$0.00 Adult \$2.00 Milk only .40</p>			This Institution is an equal opportunity provider.