



Oct Lunch Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham or Turkey Italian Fresh Fruit/Veggies Milk	4 Lasagna WG Dinner Roll Fresh Fruit/Veggies Milk	5 Grill Cheese & Tomato Soup Fresh Fruit/Veggies Milk	6 Chicken Patty French Fries Fresh Fruit/Veggies Milk	7 Chili w/ Corn Bread Fresh Fruit Veggies Milk
10 NO SCHOOL Indigenous People Day	11 Chicken Nuggets French Fries Fresh Fruit/Veggies Milk	12 Pepperoni or Cheese Pizza Hummus & Carrots Fresh Fruit/Veggies Milk	13 Pancakes Breakfast Taters Sausage & Eggs Fresh Fruit/Veggies Milk	14 BBQ Pulled Pork Sandwich Coleslaw Fresh Fruit/Veggies Milk
17 Chicken Stir-Fry Fresh Fruit/Veggies Milk	18 Walking Tacos w/ Rice and Beans Fresh Fruit/Veggies Milk	19 Macaroni & Cheese WG Garlic Bread Fresh Fruit/Veggies Milk	20 Shepherd's Pie WG Dinner Roll Fresh Fruit/Veggies Milk	21 Chicken Bacon Ranch Flatbread Fresh Fruit/Veggies Milk
24 Bosco Sticks French Fries Fresh Fruit/Veggies Milk	25 Tacos w/ Rice and Beans Fresh Fruit/Veggies Milk	26 Pepperoni or Cheese Pizza Hummus & Carrots Fresh Fruit/Veggies Milk	27 Mandarin Orange Chicken w/ Rice Fresh Fruit/Veggies Milk	28 Chef's Choice Fresh Fruit/Veggies Milk
31 Goblin Beef Stew Ghostly Biscuit Fresh Fruit/Veggies Milk	Student \$0.00 Adult \$3.75 Milk Only \$0.40			This Institution is an equal opportunity provider

Oct Breakfast Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Pizza Fresh Fruit Milk	4 Homemade Muffins Fresh Fruit Milk	5 Breakfast Sandwiches Fresh Fruit Milk	6 Warm Bagel / Cream Cheese Fresh Fruit Milk	7 Parfaits Fresh Fruit Milk
10 NO SCHOOL Indigenous People Day	11 Homemade Muffins Fresh Fruit Milk	12 Sunrise Surprise Egg Muffins Fresh Fruit Milk	13 Tornado Fresh Fruit Milk	14 Parfaits Fresh Fruit Milk
17 Breakfast Pizza Fresh Fruit Milk	18 Homemade Muffins Fresh Fruit Milk	19 Breakfast Sandwiches Fresh Fruit Milk	20 Warm Bagel / Cream Cheese Fresh Fruit Milk	21 Parfaits Fresh Fruit Milk
24 Breakfast Pizza Fresh Fruit Milk	25 Homemade Muffins Fresh Fruit Milk	26 Sunrise Surprise Egg Muffins Fresh Fruit Milk	27 Tornado Fresh Fruit Milk	28 Parfaits Fresh Fruit Milk
31 Breakfast Pizza Fresh Fruit Milk	Student \$0.00 Adult \$3.75 Milk Only \$0.40			This Institution is an equal opportunity provider