

Hope Elementary School Menu



January 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
		Chicken Soup w/Breadstick Fruit/Veggies/Milk		Grilled chicken w/Mashed Potatoes & Stuffing		Cheese Pizza Fruit/Veggies/Milk		Ham & Cheese Wraps Fruit/Veggies/Milk	
		B: Cereal Bars		B: Muffins		B: Fruit Salad		B: Cereal	
9		10		11		12		13	
Cheeseburgers w/Fries Fruit/Veggies/Milk		Turkey BLT Fruit/Veggies/Milk		Chicken & Broccoli Stromboli Fruit/Veggies/Milk		Chicken Nuggets w/Fries Fruit/Veggies/Milk		Pepperoni Pizza Fruit/Veggies/Milk	
B: Yogurt Parfait		B: Muffins		B: Cereal		B: Fruit Salad		B: Cereal Bars	
16		17		18		19		20	
NO SCHOOL Martin Luther King, Jr. Day		Pancakes & Sausage Fruit/Veggies/Milk		Hot Dogs w/Chips Fruit/Veggies/Milk		Macaroni & Cheese Fruit/Veggies/Milk		Cheese Pizza Fruit/Veggies/Milk	
		B: Muffins		B: Yogurt Parfait		B: Cinnamon Rolls		B: Cereal	
23		24		25		26		27	
Meatloaf & Mashed Potatoes Fruit/Veggies/Milk		American Chop Suey Fruit/Veggies/Milk		Crispy Chicken Sandwich Fruit/Veggies/Milk		Chicken Quesadillas Fruit/Veggies/Milk		Pepperoni Pizza Fruit/Veggies/Milk	
B: Muffins		B: Cereal		B: Yogurt Parfait		B: Fruit Salad		B: Cinnamon Rolls	
30		31							
Spaghetti w/Meat Sauce Fruit/Veggies/Milk		Grilled Cheese w/Chips Fruit/Veggies/Milk							
B: Cereal		B: Muffins							

Student meals are free.

Milk without a meal is \$.40

Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

<https://k12paymentcenter.com>