

# Hawk's Eye

Weekly News from Hope Elementary School



[hes.fivetowns.net](http://hes.fivetowns.net)

Phone: 785-4081 Fax: 785-2671

[Hope Elementary School Facebook](#)



## Upcoming Events for Your Calendar

April 12<sup>th</sup> – HES School Committee meeting (6PM – Zoom)

April 16<sup>th</sup> – Early Release starting at 11AM for staff & students

**April 19<sup>th</sup> – 23<sup>rd</sup>: No school (April vacation)**

May 10<sup>th</sup> – HES School Committee meeting (6PM - Zoom)

**May 31 – No school (Memorial Day)**

The last day of school is scheduled to be Thursday, June 17<sup>th</sup>  
(subject to change if we use another snow day).

***“When you can’t  
find the sunshine,  
be the sunshine.”***



## Sign up for Fall 2021 Pre-K & Kindergarten – Spots are filling!

Our Pre-K program will be full day next fall. Space is limited and Hope residents will receive priority. Pre-K students must be 4 years old on or before 10/15/21. Kindergarten students must be five years old on or before 10/15/21.

Please call the school (785-4081) to place your child’s name on our mailing list. Registration will take place in the spring. Please help spread the word throughout Hope.



## Travel Update from the Maine CDC

### Travel Quick Reference Guide: 3/11/2021

The current guidance from the governor is to not travel. However, if families (**adults and children 12 months and older**) do travel during vacation the following table provides a quick reference. If you have a question not answered in this guide, then call the School Nurse Consultant at 207-592-0387 or 207-624-6717

Travel Destination	Testing Requirements	Quarantine Timeline	Release from Quarantine	Special Considerations
<b>International Travel</b> (Canada, Mexico included)	3-5 days upon return from travel Molecular or Antigen testing accepted	7 days with testing 10 days if not tested	Complete 7-day quarantine even after negative testing. If not tested, the quarantine is 10 days. If test is positive, isolate for 10 days.	Quarantine for 14 days from persons at high risk of contracting Covid-19. Continue to follow state PPE guidelines. If more than 7 days after international travel before returning to Maine, follow Domestic Travel guidelines.
<b>Domestic Travel</b> (Within the 50 United States and US territories: Guam, US Virgin Islands, Puerto Rico)				
<b>Non-Exempt States (which includes US territories)</b>	Test within 72 hours prior to travel into Maine to forgo the 10-day quarantine or immediately upon return to Maine	Without test, 10 days of quarantine and monitor for four more days	Test is negative, forgo the quarantine.	Quarantine must be maintained until negative test results are completed. If traveler has tested positive for Covid-19 within 90 days (3 months) or is fully vaccinated there is no quarantine restriction. Continue to follow state PPE guidelines.
<b>Exempt States</b>	Exempted from testing	No quarantine time	May immediately return to normal activities but must continue to follow PPE guidelines.	Continue to follow state PPE guidelines.
<b>Medical Appointments</b> in a non-exempt state (Day trip or longer)	Test within 72 hours prior to travel into Maine to forgo the 10-day quarantine or immediately upon return to Maine	Without test, 10 days of quarantine and monitor for four more days	Test is negative, forgo the quarantine.	Quarantine must be maintained until negative test results are completed. If traveler has tested positive for Covid-19 within 90 days (3 months) or is fully vaccinated there is no quarantine restriction. Testing before travel to a non-exempt state does not exempt you from quarantine or testing. YOU must test once you leave Maine or upon return. Continue to follow state PPE guidelines.



## HES MENU

April 5<sup>th</sup> - 9<sup>th</sup>

MEALS ARE FREE FOR ALL STUDENTS

**Monday (4/5):** Smoothies (Breakfast)

- Beef Burritos (Lunch)

**Tuesday (4/6):** Cereal (Breakfast)

- Buffalo Chicken Wrap (Lunch)

**Wednesday (4/7):** Muffins (Breakfast)

- Chicken Salad on a Roll (Lunch)

**Thursday (4/8):** Smoothies (Breakfast)

- Asian-Style Noodles with Veggies (Lunch)

**Friday (4/9):** Parfait (Breakfast)

- Cold Cut Combo (Lunch)

Lunch options include a choice of salad, bagel or sandwich of the day. Milk (regular or chocolate) or orange juice is available with all meals.

## Hope Fire Safety Initiative

We at the Hope Fire Department are saddened by fires in the past few weeks throughout Maine that resulted in the loss of four people, one of whom was a member of our neighboring community of Camden. As we mourn these losses, we need to remember that it is up to every one of us to prevent these types of events from happening again. We wanted to take this opportunity of heightened awareness of these tragedies to discuss fire prevention efforts. Together we can make Hope a safer community, we must each do our part.

The best way we can do this is to make sure that our homes are as safe as possible. For all of us, this means making sure we have working smoke alarms on every level of our home, inside each bedroom and outside each sleeping area, smoke alarms properly maintained with working batteries and replaced if they are more than 10 years old. Having fire extinguishers strategically placed. It also means we should have carbon monoxide alarms on every floor of our home, outside of sleeping areas, and around carbon monoxide producing appliances. Lastly, it means taking the time to make sure things like overloaded extension cords, flammable liquids and excess clutter around heat sources are removed and safely stored.

We understand that in some cases there could be a financial barrier to folks purchasing these smoke alarms and such. If this is the case please contact me and I will make sure that you get these life saving devices.

If you have any questions please call or email me.

Clarence Keller  
Fire Chief  
207-542-2694

[hopechief@gmail.com](mailto:hopechief@gmail.com)

**REMEMBER SMOKE DETECTORS AND CO ALARMS SAVE LIVES !**

Thank you for your help in keeping our communities safe.

Hope Vol. Fire Department, Inc.  
475 Camden Road  
Hope, Maine 04847



The 2021-22 school calendar has been approved by the HES School Committee.

Hope Elementary School  
2021-2022 School Calendar

JULY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 1-2 Teacher Workshop Days  
 September 6 Labor Day  
 September 7 First Day of School 1-8/K Registration  
 September 8 First Day for K  
 September 13 First Day for Pre-K  
 September 16 Open House

SEPTEMBER (18)						
S	M	T	W	T	F	S
			W	W	3	4
5	H	O	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER (20)						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	H	12	13	14	15	16
17	18	19	20	E	22	23
24	25	26	27	28	29	30
31						

October 11 Indigenous Peoples Day  
 October 21 Early Release (11:30)/PT Confere  
 November 11 Veterans Day  
 November 22 & 23 Teacher Workshop Days  
 November 24-26 No School  
 November 25 Thanksgiving

NOVEMBER (16)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	H	12	13
14	15	16	17	18	19	20
21	W	W	X	H	X	27
28	29	30				

DECEMBER (16)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	E	X	H	25
26	X	X	X	X	H	

December 3 End of First Trimester  
 December 22 Early Release (11:30)/Staff & Stud  
 December 23-31 Holiday Vacation  
 December 25 Christmas Day  
 January 1 New Year's Day  
 January 1 / Martin Luther King, Jr. Day

JANUARY (20)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	H	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY (15)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	E	X	H	25
26	X	X	X	X	H	

February 10 PT Conferences 8th Grade  
 February 21 Presidents' Day  
 February 21-25 School Vacation  
 March 17 End of 2nd Trimester  
 March 18 Teacher Workshop Day

MARCH (22)						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	W	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL (16)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	E
15	16	17	18	19	20	21
22	H	X	X	X	X	23
24	25	26	27	28	29	30

Third Trimester (62 days)  
 April 15 Early Release (11:30)/Staff & Stud  
 April 18 Patriot's Day  
 April 18-22 School Vacation  
 May 5 Early Release (11:30)/PT Confere  
 May 27 Teacher Workshop Day  
 May 30 Memorial Day

MAY (20)						
S	M	T	W	T	F	S
				5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	W	28
29	H	31				

JUNE (17)						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	O	24
25	26	27	28	29	30	

June 16 Last Day for Pre-K  
 June 23 Early Release/Last Day (with 5 snow days used)

H - School Holidays (10)  
 O - First/Last days (2)  
 X - School Vacation Days (15)  
 E - Early Release Days @ 11:30 (4)  
 W - Teacher Workshop Days (8)

180 Student Days (5 snow days built in)  
 175 Actual Student Days

\*Last day of school is subject to change.  
 If there is delay, there will be no morning Pre-K.



## Five Town CSD

**ADULT and COMMUNITY EDUCATION**  
enriching lives ... strengthening community ... since 1969

## Adult Education News for teens and adults!

### HEADING OFF TO COLLEGE?

If you are heading to a Maine University or Community College, and you are told you need to take a Developmental Math and/or English class, please call the Adult Education office. We can help you save time and money so that you can begin college in the fall immediately enrolled in classes that will count toward graduation. Don't spend financial aid on Developmental class credits when free services are available to help you right here in Five Town CSD. *See our contact info below to set up a time to meet or reach out to us through your guidance counselor.*

### CERTIFICATE CLASSES AVAILABLE

**FREE Healthcare certificate training** is coming soon. A new grant has become available for adults who wish to pursue one of the following short-term certificate programs. Call us to see if you qualify.

- Medical Assistant
- Certified Nursing Assistant
- Home Health Aide
- Pharmacy Technician

The following certificate programs have start dates in April:

- [Data Analysis Certificate](#)
- [Social Media for Business Certificate](#)
- [Project Management Certificate](#)
- [Certificate in Non-Profit Administration](#)
- [Certificate in Accounting and Finance](#)

### NEED YOUR DRIVER'S LICENSE?

Classes begin every month with Roy's Driver and Rider Education. Instruction is done remotely and at home, CDC guidelines are followed for all driving instruction. Final exams are held at Camden Hills Regional High School.

contact [www.roysdriving.com](http://www.roysdriving.com), 784-6245

### ENRICHMENT CLASSES STARTING SOON!

<a href="#">Pickleball Learn to Play</a> -	Begins 4/7, in person
<a href="#">Edible &amp; Medicinal Mushrooms</a> -	On 4/7, remote
<a href="#">Transforming Stress</a> -	On 4/7, remote
<a href="#">I Need Help Organizing my PC</a> -	Begins 4/9, remote
<a href="#">Easy Computer Tune Up</a>	On 4/12, remote
<a href="#">Making the Most of Your Yard</a> -	Begins 4/13, in person
<a href="#">Weather for Outdoor Enthusiasts</a> -	On 4/13, remote
<a href="#">Chaga Facts</a> -	On 4/14, remote
<a href="#">Farming with Natives</a> -	On 4/21, remote
<a href="#">History of Malaga Island, Maine</a> -	On 4/27, remote
<a href="#">You Want to Open an AirBnB</a> -	On 4/27, remote
<a href="#">Intro to Independent Publishing</a> -	On 4/28, remote
<a href="#">Mindful Yoga</a> -	Begins 4/28, remote
<a href="#">Qigong</a> -	Begins 4/28, remote
<a href="#">Tai Chi for Beginners</a> -	Begins 4/28, in person
<a href="#">Cultivating Healthy Habits</a> -	Begins 4/29, in person

[Many more in our full brochure!](#)

### OTHER WORKFORCE OPPORTUNITIES

- [Excel for Those Who Don't Have a Clue](#) - remote
- [Powerpoint for Beginners](#) - remote
- [I Need Help with Windows](#) - remote
- [Basic Life Support for Healthcare Providers](#)

### Sessions start monthly for the following:

- [Accounting Fundamentals Series](#)
- [Creating WordPress Websites](#)
- [Microsoft Excel 2019/Office 365 Series](#)
- [Introduction to SQL](#)
- QuickBooks 2019 Series -  
[Desktop Version](#) or [Online Version](#)

### CONTACT ADULT EDUCATION

236-7800, option 5  
adulted@fivetowns.net  
[www.fivetowns.maineadulted.org](http://www.fivetowns.maineadulted.org)

The adult ed office is located in  
Camden Hills Regional High School