

Hawk's Eye

Weekly News from Hope Elementary School



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Upcoming Events for Your Calendar

Nov. 25th – 27th – No School (Thanksgiving Break)
Dec. 4th – End of first trimester
Dec. 14th – HES School Committee meeting (6PM)
Dec. 23rd – Early Release (11:30AM)
Dec. 24th – Jan 1st – No School (Holiday vacation)
Jan. 11th – HES School Committee meeting (6PM)
Jan. 18th – No School (Martin Luther King, Jr. Day)

“The comeback is
always greater than
the setback.”

Quarantine guidelines for holiday travel



At this time, families who are traveling outside of Maine, New Hampshire, Vermont, or Massachusetts are required by the state of Maine to self-quarantine for 14 days upon return. If you would like your child to “test out” of quarantine, you need to wait until at least 5 days upon your return before getting a test. Once the student has a negative test result, they are welcome back into the building. A student does not have to get a test in order to return to school

after the 14-day quarantine is complete. If your child will miss more than 3 days of school, we do require that you complete a vacation form. The HES vacation form that you fill out should indicate these quarantine days. Please request vacation forms from your child's teacher or the main office. If your family plans to travel, we would appreciate notification via email.

Essentials Switch!



This week, the Essentials team has travelled to a new cohort of students. K-2 students are having library activities with Mrs. Walsh, 3-5 students are having art and physical education with Mrs. Cooper and Mr. Payson, and the 6-8 students are having classroom guidance, social-emotional learning, and Music Academy with Mrs. Cochran and Mr. Munger. The Essentials team will stay with this group of students for the next 3 weeks, closing out the 1st trimester.

Pre-K News

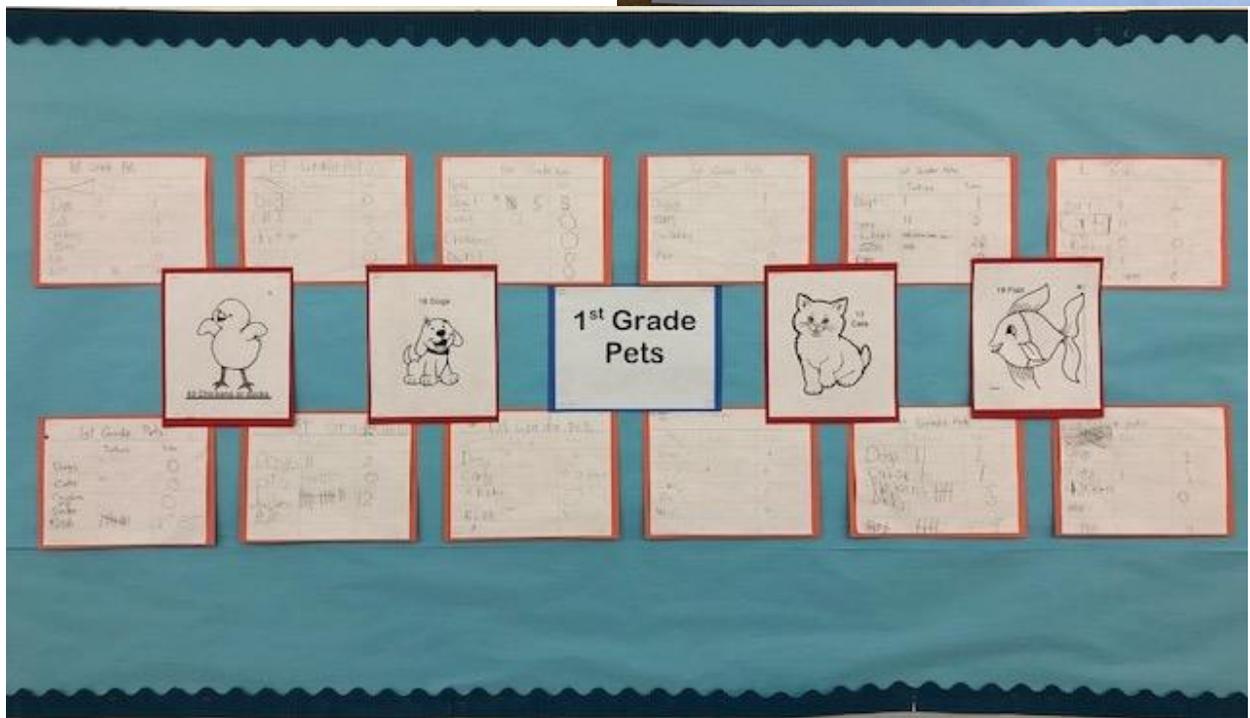
Pre-K students recognized Veteran's Day on Tuesday. Here students are sharing pictures of family members who are in the military as one proudly waves the American flag. Students decorated patriotic headbands and walked to see the HES flag and parade around the main school building. We are grateful to our active duty and veteran service men and women every day.



First Grade News

The 1st graders are using tally marks to collect data. The class has a total of 43 ducks and chickens, 10 dogs, 13 cats and 19 fish.

1st Grade Pets		
	Tallies	Total
Dogs		1
cats		2
chickens and ducks		26
fish		0





HES Menu

November 16th - November 20th

MEALS ARE FREE FOR ALL STUDENTS

Monday (11/16): Fruit yogurt/granola (Breakfast)

• Cheeseburger (Lunch)

Tuesday (11/17): Muffin (Breakfast)

• Ham Italian Sub (Lunch)

Wednesday (11/18): Egg, Ham & Cheese Sandwich (Breakfast)

• Chicken, Lettuce & Tomato Wrap (Lunch)

Thursday (11/19): Fruit Smoothie (Breakfast)

• Turkey & Cheese Sandwich (Lunch)

Friday (11/20): Cereal (Breakfast)

• Ham Salad Sandwich (Lunch)

Lunch options include a choice of salad, bagel or sandwich of the day. Milk (regular or chocolate) or orange juice are available with all meals.

Penobscot Bay Pilot

AIO begins scheduling appointments for this year's Fuel Assistance Program

Thu, 11/12/2020 - 4:00pm

ROCKLAND — The colder temperatures are approaching and volunteers at AIO Food and Energy Assistance have begun making appointments with clients to discuss fuel and energy needs for the 2020-2021 winter season. Appointments to receive assistance can be set up by telephone at 207.596.1043 or email energyassistance@aiofoodpantry.org.

Vouchers are being written for up to 100 gallons of fuel. Based on current levels of funding, we hope to issue vouchers until April 1. Due to the Public Utilities Commission's regulations, electricity disconnections cannot happen between November and April. Therefore, AIO will begin conversations with families who have received disconnection notices starting in April.

According to AIO, in a news release, it is important to note that AIO will help each family with one fuel voucher OR one electricity disconnection per season.

"With the opening of AIO's new facility, we planned to serve Energy Assistance clients in the privacy of our new office space," said Rhonda Nordstrom, AIO's Energy Assistance Program Manager. "However, due to Covid-19 health concerns, we are conducting appointments over the telephone. We miss the personal connection with our clients but feel this is the right approach at this time."

In FY19-20, AIO served 386 families, giving \$108,000 in fuel and electricity vouchers.

"As this coming winter is predicted to be a cold one, we expect the need to increase," she said. "Also, as a result of the pandemic, many people are working from home or are unemployed and many children are schooling remotely making it important to have the heat on all day. This year, through the generosity of our donors, AIO is able to increase the budget for heating fuels to \$100,000 and electricity disconnections to \$30,000.

"AIO is fortunate to have committed, caring volunteers and fuel company partners to administer this program," said Nordstrom. "It was so special to hear a voice message from a client who took the time to call to confirm her fuel had been delivered and to thank AIO and our community of fuel providers for their help."

AIO has helped people with energy assistance for many years and made it a major focus in recent years when it became apparent that this is an underserved area, according to AIO.

In 2020 the name AIO Food Pantry was changed to AIO Food and Energy Assistance to reflect the organization's commitment to help with food and energy insecurity.

For information about AIO's programs go to www.aiofoodpantry.org

To make an appointment call (207) 596-1043.

PENOBSCOT BAY PILOT

HOW DO FAIRIES CELEBRATE THE HARVEST SEASON?

Erickson Fields Story Trail features 'The Fall Fairy Gathering'

Tue, 11/10/2020 - 7:45pm

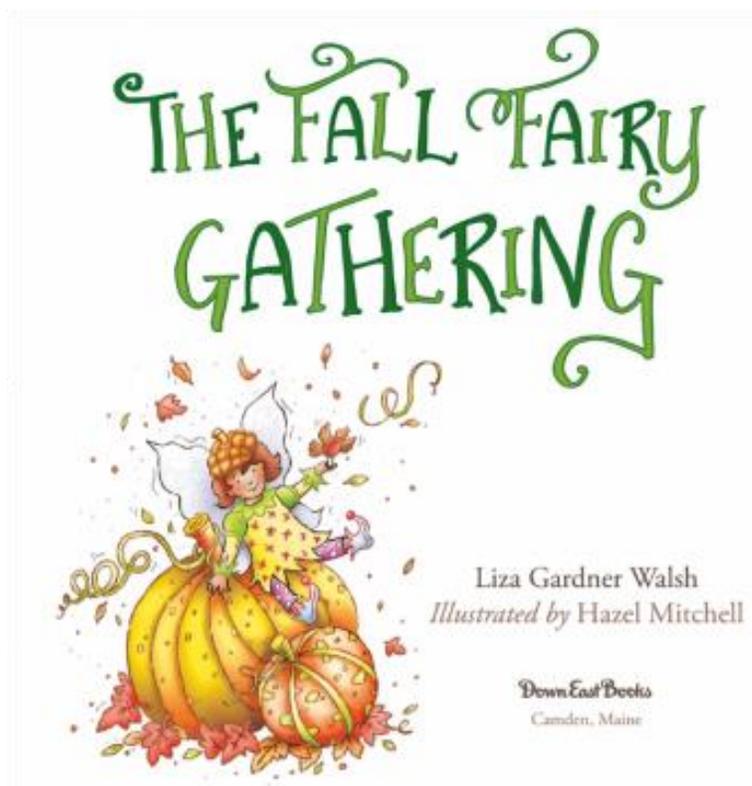


The story trail at Erickson Fields Preserve in Rockport. (Photo courtesy Maine Coast Heritage Trust)

ROCKPORT — Now that the fairies have made the most of spring and summer, shepherding the growing things through the warm months, what do they do when autumn comes, and the growing things begin to settle in to rest? How do the fairies prepare for winter?

This fall, visitors of Maine Coast Heritage Trust's Erickson Fields Preserve (164 West St, Rockport) can immerse themselves in a good book while they stroll through the forest and field. Pages of *The Fall Fairy Gathering* by local author Liza Gardner Walsh are posted along the 1.4-mile loop trail.

"Paired with warm and whimsical illustrations by Hazel Mitchell, this delightful book will help children discover just how fairies celebrate the harvest season," said MCHT, in a news release. "And while the fairies do love to add some fun to everything they do, there's also a gentle reminder here of our human connection to nature and the importance of nurturing it."



Visitors are encouraged to follow the CDC's guidelines for social distancing while exploring the preserve. Tips for preparing for outings are available at mcht.org/covid