
















# November 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Taco Tuesday (Chicken) WG Rice & Beans Salad Bar & Milk	2 Bacon Cheeseburger French Fries Salad Bar & Milk	3 Chicken Parm Flatbread Sandwiches Salad Bar & Milk	4 Pizza! (Cheese, Pepperoni) Roasted Chickpeas Salad Bar & Milk
7 Chicken Caesar Wraps WG Chips Salad Bar & Milk	8 Grilled Ham & Cheese Tomato Soup Salad Bar & Milk	9 Chicken Pot Pie WG Dinner Roll Salad Bar & Milk	<b>Veteran's Day Meal</b> 10 Meatloaf w/ Mashed Potato Mixed Veg, Dinner Roll & Milk	11 <b>NO SCHOOL</b> 
14 Chicken Bacon Ranch Sandwich WG Chips Salad Bar & Milk	15 Taco Tuesday! (Beef) WG Rice & Beans Salad Bar Milk	16 Chicken Fried Rice Salad Bar Milk	17 Beef Stroganoff WG Roll Salad Bar & Milk	18 Pizza! (Cheese, Meatball) Roasted Chickpeas Salad Bar & Milk
21 	22 	23 	24 	25 
28 Hot Dogs WG Roll Salad Bar & Milk School Comm Mtg, 5 PM	29 Taco Tuesday (Fish) WG Rice & Beans Salad Bar Milk	30 Lasagna WG Garlic Bread Salad Bar Milk	<b>Student \$0.00</b> <b>Adult \$4.00</b> <b>Milk only \$0.40</b>	This Institution is an equal opportunity provider. 

# Nov Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Homemade Muffins Fresh Fruit &amp; Cheese Stick Milk</p>	<p>2 Parfait Fruit WG Cheez Its Milk</p>	<p>3 Breakfast Sandwiches Fresh Fruit Milk</p>	<p>4 Warm Bagel w/ Cream Cheese Stick Milk</p>
<p>7 Cereal Bars Fresh Fruit, Yogurt Milk</p>	<p>8 Breakfast Pizza Fresh Fruit, WG Goldfish Milk</p>	<p>9 Parfait Fruit WG Cheez Its Milk</p>	<p>10 Warm Bagel w/ Cream Cheese Fresh Fruit Cheese Stick &amp; Milk</p>	<p>11 <b>NO SCHOOL</b> <b>Veteran's Day</b> </p>
<p>14 Tornados Fresh Fruit, Yogurt Milk</p>	<p>15 Homemade Muffins Fresh Fruit &amp; Cheese Stick Milk</p>	<p>16 Parfait Fruit WG Cheez Its Milk</p>	<p>17 Breakfast Sandwiches Fresh Fruit Milk</p>	<p>18 Warm Bagel w/ Cream Cheese Fresh Fruit Cheese Stick &amp; Milk</p>
<p>21 </p>	<p>22 </p>	<p>23 </p>	<p>24 </p>	<p>25 </p>
<p>28 Cereal Bars Fresh Fruit, Yogurt Milk</p>	<p>29 Breakfast Pizza Fresh Fruit, WG Goldfish Milk</p>	<p>30 Parfait Fruit WG Cheez Its Milk</p>	<p><b>Student \$0.00</b> <b>Adult \$2.00</b> <b>Milk only \$0.40</b></p>	<p>This Institution is an equal opportunity provider.</p>