

# **Life Threatening Allergies Protocol**

## **Anaphylaxis Procedure: CALL 911**

1. Keep an emergency epinephrine auto-injector where it can be reached quickly (located in the Health Office Emergency Bag and Main Office Cabinet)
2. Parents will notify the school nurse by providing an allergy plan if a student has identified allergies.
3. The parent will bring medication to the school health office to have available in the event of an allergic reaction. A medication permission form or allergy emergency action plan must be completed and signed by the parent and the student's physician on an annual basis. Students with permission may carry their Epi Pen.
4. The school nurse will notify the school staff via a medical alert as appropriate and/or allergy plan of any student identified with known allergies.
5. The allergy medication for a specific student will be sent with the student or appropriate staff if the student leaves the building on a field trip.
6. The school administrative unit may supply each school building with an epinephrine autoinjector for students with unknown allergies who present with a life-threatening situation.
7. School personnel should be trained annually in the care of the student with allergies.
8. The school nurse and/or administration will be called whenever an epinephrine auto-injector is used and every attempt will be made to notify a student's parent.
9. The epinephrine auto-injector should be used as follows:
  - Most epinephrine auto-injectors contains .3 mg/.3ml epinephrine for intramuscular use (use for person over 66 pounds).
  - The epinephrine auto-injector (junior) contains .15 mg/.15ml epinephrine for intramuscular use (use for person under 66 pounds).
  - Epinephrine auto-injectors may be used through clothing if necessary.
  - Remove the colored cap or top.
  - Place the colored tip on the thigh at a right angle to the leg (or follow the directions on the epinephrine auto-injector insert).
  - Press hard into the thigh until the auto-injector functions, count to ten and then remove the epinephrine auto-injector.
10. A copy of this protocol should be located in the Health Office medication book, Emergency Bag and the Maine Office Epi Pen cabinet.