

Northeast Middle School Newsletter

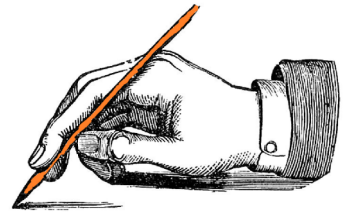
October 2022



October 10	Columbus Day - No School
October 20	Lifetouch Picture Day
October 25	Parent/Teacher Conference Day 5:00 - 7:00 P.M.
October 26	Parent/Teacher Conference Day 5:00 - 7:00 P.M.
October 27	Parent/Teacher Conference Day 5:00 - 7:00 P.M.
October 27	Parent/Teacher Conference Day 1:15 - 3:15 P.M.

A NEMS Tiger R.O.A.R.S.

Principal's Message



It's hard to believe that we are already a month into the school year. I think we have gotten off to a great start and hopefully parents, teachers and students agree. I have a few reminders and tips to make sure things continue along smoothly.

- The students are being trained to use their PowerSchool portal passwords. Make some time to sit down with them once a week and review their progress.
- Parent Conferences are scheduled for October 25th, 26th, 27th and 28th. A letter will be going out with directions to sign up. Please remember that you do not need to wait until conferences if you think there is an issue. Feel free to contact teachers, team leaders, guidance counselors, student service personnel, and/or administration if there are any issues.
- Students should not arrive before 7:50 A.M. as there are no staff members on duty and we can not let them into the building. Students should arrive to school between 7:50 and 8:10 A.M. Students are tardy if they are not in their home rooms by 8:15.
- When your child is absent, please remember to follow up with a phone call to the school and a note on the day your child returns. You may also send absence notes directly through Parent Square.

Sincerely,

Daniel Sonstrom



Message from the School Nurse

The health room is collecting 7th grade mandated health physicals with immunization records. Sports physicals and yearly physicals are accepted as well.

For Your Child's Health

Getting a good night's sleep helps kids focus each day at school and is important for their health.

Keeping a routine can keep children alert and productive during the day. Routine's may include after school activities, homework, electronics, and bedtime.

Please contact Nurse Lori at 860-584-7839 x 521036 with any questions.

Thank you!

Notes from the Band Room



The NEMS instrumental music department is humming along nicely! Band rehearsals have been going well and lessons are all running smoothly. Many of our students have successfully figured out how to motivate themselves to practice regularly. Thank you, parents and guardians for all your help in that department. Practice is the single most challenging part of learning to play an instrument, and the most rewarding when it's accomplished. Keep up the good work! Your child, in most cases, needs your support (compliments!) and gentle reminders to stay on track. Ask him or her what they assigned themselves and have them play it for you the evening before their lesson. Even if you know nothing about music, no one knows your child better than you do, and your positive feedback is what your child craves more than anything! Compliment generously, and trust your child to do the rest.

Our 8th graders have a very exciting month ahead. On Wednesday, October 19, 2022, they are invited to participate in a BEHS band practice. They have been given music and that night they will practice right along side the high school band members. That Friday night, October 21, they will be playing along with the high school band at the BEHS home football game! Details will be sent home with 8th grade band members.

Also on October 21st, the 8th grade band members will travel to New London, CT for our annual trip to hear the United States Coast Guard Band! This is always one of the highlights of the year and I am so glad we are resuming our trips to hear one of the best bands in the world. Permission slips and information will be sent home with students.

Also coming up in October, Jazz Band and our new Modern Band club will be starting! The list of students who have made jazz band (so far) will be posted outside the band room in the next couple of days. I will send a sign up form for Modern Band through Google Classroom this week so please keep an eye out for it. All students signed up for band are invited to participate in Modern Band after school on Mondays.

As always, your support of the NEMS instrumentalists is greatly appreciated!

Mrs. Vocke



GUIDANCE NEWS

**Mrs. Bronson: 860-584-7839 ext. 521037
(8th grade and 7th grade I-Z)
Mr. Carroll: 860-584-7839 ext. 521038
(6th grade and 7th grade A-H)**

As the school year gets truly rolling, remember the rules to SUCCESS IN MIDDLE SCHOOL:

- Show up! Attendance counts. If you show up and give your best effort, you will go far.
- Get organized! Find a system that works - one folder per class, one binder for each subject, one folder for all homework, etc. - and stick with it.
- Stay on top of your grades! Parents and students can check all grades on Power School (<https://powerschool.bristol.k12.ct.us>)
- Make sure there are no low grades or zeroes holding you back.




Believe it or not, it's already time for 8th grade students to think about planning for high school. We will have two alternative high schools coming to NEMS during late October and early November to give presentations about their programs to the entire 8th grade. Interested students can see Mrs. Bronson afterwards with any questions or information about the applications.

Southington High School's Agriculture, Science, and Technology program will be here on Tuesday, November 1st. Their program has many different areas including plant and animal science, and agriculture mechanics.

EC Goodwin Technical High School will be here on Monday, October 24. Their school includes many programs including automotive, HVAC, culinary, and hairdressing. They also have an Open House at their school on Oct. 27 from 5-7pm for parents and students to see the school.



Bristol Middle School Menu October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MENU SUBJECT TO CHANGE	3 Crispy Chicken Patty on WW Bun, Oven Fries, Broccoli Or RibBQ Sandwich on WW Bun, Oven Fries, Broccoli	4 LF Macaroni & Cheese, 3 Corn Dog Nuggets, Green Beans Or Ham & Cheese Melt on a WG Croissant, Tater Tots, Green Beans	5 Chicken Nacho Platter w/ Cheese Sauce, Brown Rice, Sliced Carrots Or WG Cheese Pizza, Sliced Carrots	6 Hamburger or Cheeseburger on WW Bun, Tater Tots, Green Peas Or Chili Chips & Cheese, Green Peas, WW Dinner Roll	WG Cheese Pizza, Garden Salad w/ LF Dressing Or Pasta W/ Sauce & Meatballs, Garden Salad w/ LF Dressing	WW= Whole Wheat WG= Whole Grain
<i>Bristol Public Schools Is An Equal Opportunity Employer</i>	10 No School	11 WG Chicken Tenders, WW Dinner Roll, Mashed Potatoes Or General Tso Chicken, Mashed Potatoes, WW Dinner Roll	12 Toasted Cheese Sandwich, Tomato Soup, Tater Tots Or WG Cheese Pizza, Tater Tots	13 WG French Toast Sticks, Hashbrown, Chicken Sausage Links Or Spicy Chicken Patty on WW Bun, Hashbrown	14 WG French Bread Cheese Pizza, Garden Salad w/ LF Dressing Or Sausage Egg & Cheese on a Croissant, Garden Salad w/ LF Dressing	Daily Fruit Options: Assorted Fresh Fruit & Assorted Canned Fruit
Daily Milk Choices: 0% Chocolate, 0 % Strawberry, Skim 1% White & 0 % Lactaid	17 WG Chicken Nuggets, WW Dinner Roll, Oven Fries, Broccoli Or Steak & Cheese Sandwich, Oven Fries, Broccoli	18 LF Mozzarella Sticks w/ Sauce, WW Dinner Roll, Corn Or Chicken & Vegetable Dumplings, Fried Rice, Corn	19 Twin Soft Beef Tacos w/ Cheese and Lettuce, Brown Rice, Carrots Or WG Cheese Pizza, Brown Rice, Carrots	20 All Beef Hotdog on WW Bun, Oven Fries, Vegetarian Beans Or Jamaican Beef Patty, Oven Fries, Vegetarian Beans	21 Wild Mike's Pizza Bites w/ Sauce, Garden Salad w/ LF Dressing Or WG French Toast Sticks, Hashbrown, Chicken Sausage Links	MENU SUBJECT TO CHANGE
	24 WG Chicken Chunks, WW Dinner Roll, Oven Fries, Corn Or LF Macaroni & Cheese, WW Dinner Roll, Oven Fries, Corn	25 Cheese Stuffed Bread Sticks w/ Cheese, Green Beans Or Hamburger or Cheeseburger, Tater Tots, Green Beans	26 WG Cheese Quesadilla w/ Salsa, Brown Rice, Green Peas Or WG Cheese Pizza, Brown Rice, Green Peas	27 WG Waffle, Hashbrown, Chicken Sausage Links Or Spicy Chicken Patty on WW Bun, Hashbrown	28 WG Cheese Pizza, Garden Salad w/ LF Dressing Or Meatball Grinder w/ Mozzarella, Garden Salad w/ Dressing	
	31 Crispy Chicken Patty on WW Bun, Potato Smiles, Broccoli Or RibBQ Sandwich on a WW Bun, Potato Smiles, Broccoli					